
































North Highlands Beach, NJ - Jun 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:11	5.8	12:43	4.4	6:44	0.5	6:35	0.9	5:35	8:19	
2	Wed	12:54	5.5	1:27	4.4	7:29	0.7	7:26	1.1	5:35	8:20	
3	Thu	1:38	5.2	2:14	4.4	8:13	0.8	8:18	1.2	5:35	8:20	
4	Fri	2:23	4.9	3:03	4.5	8:56	0.9	9:13	1.3	5:34	8:21	
5	Sat	3:13	4.7	3:55	4.7	9:40	0.9	10:09	1.3	5:34	8:22	
6	Sun	4:07	4.5	4:49	4.9	10:25	0.9	11:07	1.3	5:34	8:22	
7	Mon	5:03	4.4	5:39	5.2	11:11	0.8			5:34	8:23	
8	Tue	5:56	4.4	6:26	5.5	12:02	1.1	11:57 AM	0.7	5:33	8:23	
9	Wed	6:47	4.4	7:12	5.9	12:55	0.9	12:44	0.5	5:33	8:24	
10	Thu	7:36	4.4	7:59	6.2	1:46	0.6	1:31	0.3	5:33	8:24	
11	Fri	8:26	4.5	8:46	6.5	2:34	0.3	2:19	0.1	5:33	8:25	
12	Sat	9:16	4.7	9:34	6.6	3:21	0.1	3:07	-0.1	5:33	8:25	
13	Sun	10:05	4.8	10:22	6.7	4:06	-0.1	3:55	-0.2	5:33	8:26	
14	Mon	10:55	4.9	11:12	6.7	4:53	-0.2	4:45	-0.2	5:33	8:26	
15	Tue	11:48	5.0			5:41	-0.2	5:38	-0.1	5:33	8:27	
16	Wed	12:04	6.5	12:42	5.2	6:33	-0.2	6:36	0.1	5:33	8:27	
17	Thu	12:57	6.2	1:38	5.3	7:26	-0.2	7:38	0.2	5:33	8:27	
18	Fri	1:52	5.8	2:35	5.5	8:19	-0.1	8:42	0.4	5:33	8:28	
19	Sat	2:50	5.4	3:36	5.6	9:13	0.0	9:49	0.5	5:33	8:28	
20	Sun	3:53	5.1	4:39	5.8	10:08	0.1	10:57	0.5	5:34	8:28	
21	Mon	4:59	4.8	5:39	6.0	11:04	0.2			5:34	8:28	
22	Tue	6:01	4.6	6:35	6.2	12:03	0.5	11:59 AM	0.2	5:34	8:29	
23	Wed	6:58	4.5	7:27	6.3	1:05	0.5	12:52	0.2	5:34	8:29	
24	Thu	7:52	4.5	8:16	6.3	2:02	0.4	1:44	0.2	5:35	8:29	
25	Fri	8:42	4.5	9:02	6.3	2:52	0.3	2:33	0.2	5:35	8:29	
26	Sat	9:28	4.5	9:45	6.2	3:36	0.3	3:18	0.3	5:35	8:29	
27	Sun	10:10	4.6	10:25	6.1	4:16	0.3	4:00	0.3	5:36	8:29	
28	Mon	10:51	4.6	11:04	6.0	4:54	0.3	4:41	0.5	5:36	8:29	
29	Tue	11:31	4.6	11:42	5.7	5:31	0.4	5:22	0.6	5:36	8:29	
30	Wed			12:11	4.6	6:09	0.5	6:05	0.8	5:37	8:29	