

































## North Highlands Beach, NJ - Jul 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:21	5.5	12:51	4.7	6:48	0.6	6:51	1.0	5:37	8:29	
2	Fri	1:01	5.2	1:33	4.7	7:27	0.7	7:40	1.1	5:38	8:29	
3	Sat	1:42	5.0	2:16	4.8	8:07	0.7	8:30	1.3	5:38	8:29	
4	Sun	2:25	4.7	3:04	4.9	8:48	0.8	9:24	1.3	5:39	8:29	
5	Mon	3:14	4.4	3:56	5.1	9:32	0.8	10:21	1.3	5:39	8:28	
6	Tue	4:10	4.3	4:52	5.3	10:20	0.7	11:20	1.2	5:40	8:28	
7	Wed	5:10	4.2	5:47	5.6	11:12	0.6			5:41	8:28	
8	Thu	6:08	4.2	6:40	6.0	12:19	1.0	12:06	0.5	5:41	8:28	
9	Fri	7:04	4.4	7:32	6.3	1:15	0.7	1:00	0.2	5:42	8:27	
10	Sat	7:59	4.6	8:24	6.6	2:08	0.4	1:54	0.0	5:43	8:27	
11	Sun	8:53	4.8	9:16	6.8	2:58	0.1	2:47	-0.2	5:43	8:26	
12	Mon	9:46	5.1	10:06	6.9	3:46	-0.2	3:40	-0.4	5:44	8:26	
13	Tue	10:37	5.4	10:57	6.8	4:33	-0.4	4:32	-0.4	5:45	8:26	
14	Wed	11:30	5.6	11:48	6.6	5:20	-0.4	5:26	-0.3	5:45	8:25	
15	Thu			12:23	5.8	6:09	-0.4	6:24	-0.1	5:46	8:25	
16	Fri	12:40	6.2	1:18	5.9	7:01	-0.3	7:25	0.1	5:47	8:24	
17	Sat	1:34	5.7	2:14	5.9	7:53	-0.1	8:28	0.4	5:48	8:23	
18	Sun	2:30	5.3	3:13	5.9	8:46	0.1	9:34	0.6	5:48	8:23	
19	Mon	3:31	4.8	4:16	5.9	9:41	0.2	10:42	0.8	5:49	8:22	
20	Tue	4:38	4.5	5:19	6.0	10:39	0.4	11:50	0.8	5:50	8:21	
21	Wed	5:43	4.4	6:17	6.0	11:37	0.5			5:51	8:21	
22	Thu	6:42	4.3	7:11	6.1	12:52	0.8	12:34	0.6	5:52	8:20	
23	Fri	7:35	4.4	7:59	6.1	1:48	0.7	1:27	0.5	5:52	8:19	
24	Sat	8:24	4.5	8:44	6.1	2:36	0.6	2:16	0.5	5:53	8:18	
25	Sun	9:07	4.6	9:24	6.1	3:17	0.5	3:00	0.5	5:54	8:18	
26	Mon	9:46	4.8	10:01	6.0	3:53	0.5	3:41	0.5	5:55	8:17	
27	Tue	10:23	4.9	10:37	5.9	4:26	0.4	4:19	0.5	5:56	8:16	
28	Wed	11:00	5.0	11:13	5.7	4:58	0.5	4:57	0.6	5:57	8:15	
29	Thu	11:36	5.0	11:49	5.5	5:31	0.5	5:36	0.8	5:57	8:14	
30	Fri			12:14	5.1	6:05	0.6	6:18	0.9	5:58	8:13	
31	Sat	12:26	5.3	12:53	5.1	6:42	0.7	7:04	1.1	5:59	8:12	