
































## North Highlands Beach, NJ - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:04	5.0	1:34	5.2	7:20	0.8	7:52	1.3	6:00	8:11	
2	Mon	1:46	4.7	2:19	5.3	8:02	0.8	8:45	1.4	6:01	8:10	
3	Tue	2:32	4.5	3:11	5.4	8:48	0.8	9:42	1.4	6:02	8:09	
4	Wed	3:27	4.3	4:10	5.5	9:39	0.8	10:44	1.3	6:03	8:08	
5	Thu	4:33	4.2	5:12	5.8	10:36	0.7	11:46	1.1	6:04	8:07	
6	Fri	5:38	4.3	6:12	6.1	11:36	0.6			6:05	8:06	
7	Sat	6:39	4.6	7:08	6.5	12:46	0.8	12:36	0.3	6:06	8:05	
8	Sun	7:37	5.0	8:03	6.7	1:41	0.4	1:35	0.0	6:06	8:03	
9	Mon	8:32	5.4	8:56	6.9	2:33	0.1	2:31	-0.3	6:07	8:02	
10	Tue	9:25	5.8	9:48	7.0	3:22	-0.2	3:26	-0.5	6:08	8:01	
11	Wed	10:16	6.1	10:38	6.8	4:08	-0.4	4:19	-0.5	6:09	8:00	
12	Thu	11:07	6.3	11:28	6.5	4:54	-0.5	5:12	-0.4	6:10	7:59	
13	Fri	11:59	6.4			5:42	-0.4	6:08	-0.2	6:11	7:57	
14	Sat	12:20	6.1	12:53	6.4	6:31	-0.2	7:08	0.2	6:12	7:56	
15	Sun	1:13	5.6	1:48	6.3	7:24	0.1	8:11	0.5	6:13	7:55	
16	Mon	2:09	5.1	2:47	6.2	8:18	0.4	9:16	0.8	6:14	7:53	
17	Tue	3:10	4.7	3:51	6.0	9:15	0.6	10:25	1.1	6:15	7:52	
18	Wed	4:18	4.5	4:57	5.9	10:16	0.8	11:33	1.1	6:16	7:51	
19	Thu	5:26	4.4	5:58	5.9	11:18	0.9			6:16	7:49	
20	Fri	6:25	4.5	6:50	5.9	12:34	1.1	12:17	0.9	6:17	7:48	
21	Sat	7:16	4.6	7:37	6.0	1:26	1.0	1:11	0.9	6:18	7:47	
22	Sun	8:00	4.8	8:19	6.0	2:11	0.9	1:59	0.8	6:19	7:45	
23	Mon	8:41	5.0	8:58	6.0	2:49	0.8	2:42	0.7	6:20	7:44	
24	Tue	9:17	5.2	9:34	6.0	3:22	0.7	3:20	0.6	6:21	7:42	
25	Wed	9:52	5.3	10:08	5.9	3:52	0.6	3:57	0.6	6:22	7:41	
26	Thu	10:26	5.5	10:42	5.7	4:22	0.6	4:33	0.7	6:23	7:39	
27	Fri	11:01	5.6	11:17	5.5	4:52	0.6	5:10	0.8	6:24	7:38	
28	Sat	11:37	5.6	11:53	5.2	5:25	0.7	5:49	1.0	6:25	7:36	
29	Sun			12:15	5.6	5:59	0.8	6:32	1.1	6:26	7:35	
30	Mon	12:32	5.0	12:56	5.7	6:38	0.9	7:20	1.3	6:26	7:33	
31	Tue	1:14	4.7	1:42	5.7	7:22	1.0	8:13	1.4	6:27	7:32	