

































North Highlands Beach, NJ - Mar 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:25	5.2	6:49	4.3			12:54	0.2	6:32	5:52	
2	Wed	7:10	5.3	7:30	4.5	12:51	0.0	1:34	0.0	6:30	5:53	
3	Thu	7:49	5.3	8:07	4.7	1:35	-0.1	2:09	-0.1	6:29	5:54	
4	Fri	8:25	5.3	8:41	4.9	2:14	-0.2	2:40	-0.2	6:27	5:55	
5	Sat	8:59	5.2	9:14	5.0	2:50	-0.3	3:09	-0.2	6:26	5:56	
6	Sun	9:32	5.1	9:47	5.1	3:25	-0.2	3:39	-0.1	6:24	5:57	
7	Mon	10:06	4.9	10:21	5.1	4:00	-0.1	4:10	-0.1	6:23	5:58	
8	Tue	10:40	4.6	10:57	5.1	4:36	0.1	4:44	0.1	6:21	5:59	
9	Wed	11:17	4.4	11:36	5.0	5:16	0.3	5:21	0.2	6:20	6:00	
10	Thu	11:57	4.1			6:00	0.5	6:02	0.3	6:18	6:01	
11	Fri	12:19	5.0	12:41	3.9	6:49	0.7	6:49	0.4	6:17	6:02	
12	Sat	1:08	4.9	1:33	3.8	7:43	0.8	7:43	0.5	6:15	6:03	
13	Sun	3:05	4.9	3:37	3.7	9:43	0.8	9:44	0.5	7:14	7:04	
14	Mon	4:12	5.0	4:49	3.9	10:47	0.7	10:49	0.3	7:12	7:05	
15	Tue	5:20	5.2	5:53	4.3	11:48	0.4	11:53	0.0	7:11	7:06	
16	Wed	6:21	5.5	6:51	4.8			12:45	0.0	7:09	7:07	
17	Thu	7:16	5.8	7:44	5.3	12:54	-0.4	1:37	-0.4	7:07	7:08	
18	Fri	8:09	6.0	8:35	5.9	1:52	-0.7	2:26	-0.7	7:06	7:09	
19	Sat	9:01	6.1	9:25	6.3	2:47	-1.1	3:13	-1.0	7:04	7:10	
20	Sun	9:50	6.0	10:14	6.5	3:39	-1.2	3:58	-1.1	7:03	7:11	
21	Mon	10:40	5.8	11:04	6.6	4:30	-1.2	4:44	-1.0	7:01	7:12	
22	Tue	11:30	5.5	11:55	6.4	5:22	-1.0	5:32	-0.8	7:00	7:13	
23	Wed			12:22	5.1	6:17	-0.6	6:23	-0.5	6:58	7:14	
24	Thu	12:49	6.2	1:17	4.7	7:15	-0.2	7:19	-0.1	6:56	7:15	
25	Fri	1:46	5.8	2:17	4.3	8:18	0.2	8:19	0.3	6:55	7:16	
26	Sat	2:48	5.4	3:24	4.1	9:24	0.5	9:24	0.6	6:53	7:17	
27	Sun	3:56	5.2	4:37	4.0	10:33	0.7	10:33	0.7	6:52	7:18	
28	Mon	5:06	5.0	5:42	4.2	11:37	0.7	11:41	0.7	6:50	7:19	
29	Tue	6:05	5.0	6:35	4.4			12:31	0.6	6:49	7:20	
30	Wed	6:55	5.0	7:20	4.7	12:39	0.6	1:17	0.5	6:47	7:21	
31	Thu	7:39	5.1	7:59	4.9	1:30	0.4	1:57	0.4	6:45	7:22	