

































North Highlands Beach, NJ - Jul 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:29	5.1	7:01	6.5	12:27	0.2	12:29	-0.3	5:38	8:29	
2	Sat	7:28	5.1	7:57	6.7	1:29	0.0	1:26	-0.3	5:38	8:29	
3	Sun	8:26	5.2	8:51	6.8	2:27	-0.2	2:21	-0.4	5:39	8:29	
4	Mon	9:20	5.2	9:42	6.8	3:21	-0.3	3:13	-0.4	5:39	8:29	
5	Tue	10:12	5.2	10:30	6.7	4:10	-0.4	4:03	-0.3	5:40	8:28	
6	Wed	11:01	5.2	11:17	6.4	4:57	-0.3	4:52	-0.1	5:40	8:28	
7	Thu	11:50	5.2			5:43	-0.1	5:41	0.2	5:41	8:28	
8	Fri	12:03	6.1	12:38	5.1	6:30	0.1	6:32	0.5	5:42	8:27	
9	Sat	12:48	5.7	1:25	5.0	7:17	0.3	7:25	0.8	5:42	8:27	
10	Sun	1:33	5.4	2:12	5.0	8:03	0.5	8:18	1.0	5:43	8:27	
11	Mon	2:18	5.0	3:01	4.9	8:48	0.7	9:13	1.2	5:44	8:26	
12	Tue	3:07	4.7	3:53	5.0	9:34	0.8	10:09	1.3	5:44	8:26	
13	Wed	4:01	4.5	4:47	5.1	10:21	0.9	11:07	1.3	5:45	8:25	
14	Thu	4:58	4.4	5:38	5.3	11:09	0.9			5:46	8:25	
15	Fri	5:52	4.3	6:25	5.5	12:02	1.2	11:56 AM	0.8	5:46	8:24	
16	Sat	6:42	4.4	7:11	5.7	12:53	1.0	12:43	0.7	5:47	8:24	
17	Sun	7:30	4.5	7:56	6.0	1:41	0.8	1:28	0.6	5:48	8:23	
18	Mon	8:17	4.6	8:39	6.2	2:25	0.6	2:13	0.4	5:49	8:22	
19	Tue	9:02	4.8	9:22	6.3	3:06	0.4	2:57	0.2	5:50	8:22	
20	Wed	9:45	5.0	10:04	6.4	3:45	0.2	3:40	0.1	5:50	8:21	
21	Thu	10:28	5.1	10:47	6.4	4:25	0.0	4:24	0.1	5:51	8:20	
22	Fri	11:13	5.3	11:31	6.3	5:06	-0.1	5:11	0.1	5:52	8:20	
23	Sat			12:00	5.4	5:50	-0.1	6:01	0.1	5:53	8:19	
24	Sun	12:18	6.1	12:50	5.6	6:37	-0.1	6:56	0.3	5:54	8:18	
25	Mon	1:07	5.9	1:42	5.7	7:27	-0.1	7:55	0.4	5:55	8:17	
26	Tue	2:00	5.6	2:38	5.8	8:20	0.0	8:57	0.5	5:55	8:16	
27	Wed	2:59	5.3	3:40	5.9	9:15	0.0	10:02	0.6	5:56	8:15	
28	Thu	4:04	5.0	4:46	6.1	10:13	0.1	11:10	0.6	5:57	8:15	
29	Fri	5:13	4.9	5:50	6.3	11:13	0.1			5:58	8:14	
30	Sat	6:18	4.9	6:49	6.4	12:17	0.5	12:13	0.1	5:59	8:13	
31	Sun	7:17	5.0	7:45	6.6	1:19	0.3	1:12	0.0	6:00	8:12	