

































North Highlands Beach, NJ - May 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:09	5.0	7:33	5.1	1:04	0.8	1:24	0.6	6:01	7:52	
2	Thu	7:52	5.1	8:12	5.5	1:49	0.6	2:01	0.4	6:00	7:53	
3	Fri	8:33	5.1	8:50	5.8	2:31	0.3	2:36	0.3	5:59	7:54	
4	Sat	9:13	5.1	9:28	6.0	3:11	0.2	3:12	0.1	5:58	7:55	
5	Sun	9:53	5.1	10:06	6.2	3:50	0.0	3:49	0.0	5:56	7:56	
6	Mon	10:33	5.0	10:46	6.2	4:30	0.0	4:27	0.0	5:55	7:57	
7	Tue	11:16	4.9	11:30	6.2	5:13	0.0	5:09	0.1	5:54	7:57	
8	Wed			12:03	4.7	6:00	0.1	5:56	0.2	5:53	7:58	
9	Thu	12:18	6.2	12:54	4.6	6:52	0.2	6:49	0.3	5:52	7:59	
10	Fri	1:11	6.0	1:51	4.6	7:49	0.3	7:49	0.5	5:51	8:00	
11	Sat	2:08	5.9	2:54	4.6	8:48	0.3	8:53	0.5	5:50	8:01	
12	Sun	3:13	5.7	4:03	4.8	9:49	0.3	10:00	0.5	5:49	8:02	
13	Mon	4:23	5.6	5:10	5.1	10:51	0.2	11:10	0.4	5:48	8:03	
14	Tue	5:30	5.6	6:10	5.5	11:49	0.1			5:47	8:04	
15	Wed	6:31	5.6	7:04	6.0	12:16	0.2	12:44	-0.1	5:46	8:05	
16	Thu	7:27	5.5	7:55	6.3	1:17	-0.1	1:35	-0.2	5:45	8:06	
17	Fri	8:19	5.5	8:44	6.5	2:14	-0.3	2:23	-0.3	5:45	8:07	
18	Sat	9:09	5.4	9:30	6.6	3:06	-0.4	3:08	-0.3	5:44	8:08	
19	Sun	9:56	5.2	10:14	6.6	3:54	-0.4	3:51	-0.2	5:43	8:09	
20	Mon	10:41	5.0	10:57	6.4	4:40	-0.3	4:34	0.0	5:42	8:09	
21	Tue	11:26	4.8	11:41	6.2	5:25	0.0	5:17	0.3	5:42	8:10	
22	Wed			12:11	4.6	6:11	0.2	6:02	0.6	5:41	8:11	
23	Thu	12:25	5.9	12:58	4.4	7:00	0.5	6:51	0.9	5:40	8:12	
24	Fri	1:10	5.6	1:46	4.3	7:49	0.7	7:43	1.1	5:40	8:13	
25	Sat	1:57	5.3	2:36	4.2	8:38	0.8	8:37	1.3	5:39	8:14	
26	Sun	2:48	5.0	3:31	4.3	9:28	0.9	9:33	1.3	5:38	8:14	
27	Mon	3:43	4.9	4:28	4.4	10:17	0.9	10:32	1.3	5:38	8:15	
28	Tue	4:40	4.8	5:20	4.7	11:04	0.9	11:29	1.2	5:37	8:16	
29	Wed	5:34	4.7	6:07	5.0	11:48	0.8			5:37	8:17	
30	Thu	6:23	4.8	6:51	5.3	12:22	1.0	12:31	0.6	5:36	8:17	
31	Fri	7:09	4.8	7:33	5.7	1:11	0.8	1:13	0.4	5:36	8:18	