
































## North Highlands Beach, NJ - Nov 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:17	5.1	12:38	6.3	6:11	0.4	7:10	0.5	7:27	5:59	
2	Sat	1:10	4.7	1:30	6.0	7:04	0.8	8:08	0.8	7:28	5:58	
3	Sun	1:05	4.5	1:24	5.6	7:02	1.1	8:08	1.0	6:29	4:57	
4	Mon	2:05	4.3	2:23	5.3	8:02	1.3	9:07	1.1	6:30	4:56	
5	Tue	3:09	4.3	3:24	5.2	9:05	1.4	10:02	1.1	6:31	4:55	
6	Wed	4:08	4.5	4:20	5.1	10:07	1.3	10:50	1.0	6:32	4:54	
7	Thu	4:58	4.7	5:09	5.2	11:02	1.2	11:32	0.8	6:33	4:53	
8	Fri	5:40	5.0	5:53	5.2	11:51	1.0			6:34	4:52	
9	Sat	6:20	5.3	6:35	5.2	12:10	0.7	12:36	0.8	6:35	4:51	
10	Sun	6:57	5.6	7:15	5.2	12:46	0.5	1:18	0.6	6:37	4:50	
11	Mon	7:35	5.8	7:54	5.1	1:21	0.4	1:57	0.4	6:38	4:49	
12	Tue	8:11	6.0	8:33	5.1	1:55	0.3	2:34	0.3	6:39	4:48	
13	Wed	8:48	6.2	9:12	4.9	2:31	0.2	3:13	0.2	6:40	4:47	
14	Thu	9:27	6.2	9:52	4.8	3:07	0.2	3:53	0.2	6:41	4:46	
15	Fri	10:08	6.2	10:36	4.6	3:46	0.2	4:36	0.3	6:42	4:46	
16	Sat	10:53	6.1	11:25	4.5	4:29	0.3	5:25	0.4	6:43	4:45	
17	Sun	11:43	6.0			5:19	0.4	6:20	0.4	6:44	4:44	
18	Mon	12:20	4.4	12:37	5.9	6:16	0.5	7:17	0.4	6:45	4:43	
19	Tue	1:20	4.5	1:37	5.7	7:18	0.6	8:17	0.4	6:47	4:43	
20	Wed	2:26	4.6	2:44	5.6	8:25	0.6	9:17	0.3	6:48	4:42	
21	Thu	3:35	4.9	3:53	5.5	9:33	0.5	10:16	0.1	6:49	4:42	
22	Fri	4:37	5.4	4:56	5.5	10:41	0.2	11:11	-0.2	6:50	4:41	
23	Sat	5:33	5.8	5:53	5.5	11:44	0.0			6:51	4:41	
24	Sun	6:26	6.3	6:48	5.5	12:03	-0.4	12:43	-0.3	6:52	4:40	
25	Mon	7:16	6.6	7:39	5.4	12:53	-0.5	1:38	-0.5	6:53	4:40	
26	Tue	8:04	6.7	8:29	5.2	1:41	-0.6	2:29	-0.6	6:54	4:39	
27	Wed	8:51	6.7	9:17	5.0	2:27	-0.6	3:17	-0.5	6:55	4:39	
28	Thu	9:37	6.6	10:04	4.8	3:11	-0.4	4:04	-0.3	6:56	4:38	
29	Fri	10:23	6.3	10:51	4.5	3:56	-0.1	4:51	-0.1	6:57	4:38	
30	Sat	11:09	5.9	11:40	4.3	4:42	0.2	5:41	0.2	6:58	4:38	