

































North Highlands Beach, NJ - Dec 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:56	5.6			5:32	0.5	6:33	0.4	6:59	4:38	
2	Mon	12:30	4.2	12:44	5.2	6:25	0.8	7:25	0.6	7:00	4:37	
3	Tue	1:22	4.1	1:34	4.9	7:21	1.0	8:16	0.7	7:01	4:37	
4	Wed	2:18	4.1	2:29	4.7	8:20	1.1	9:06	0.7	7:02	4:37	
5	Thu	3:16	4.2	3:26	4.5	9:20	1.1	9:54	0.7	7:03	4:37	
6	Fri	4:10	4.4	4:21	4.5	10:18	1.0	10:38	0.6	7:04	4:37	
7	Sat	4:57	4.7	5:10	4.5	11:12	0.9	11:20	0.4	7:05	4:37	
8	Sun	5:40	5.0	5:56	4.5			12:01	0.6	7:06	4:37	
9	Mon	6:22	5.3	6:40	4.5	12:00	0.2	12:47	0.4	7:06	4:37	
10	Tue	7:02	5.6	7:23	4.5	12:41	0.1	1:30	0.1	7:07	4:37	
11	Wed	7:43	5.9	8:06	4.5	1:21	-0.1	2:12	-0.1	7:08	4:37	
12	Thu	8:24	6.1	8:49	4.5	2:02	-0.3	2:53	-0.2	7:09	4:37	
13	Fri	9:07	6.2	9:34	4.5	2:43	-0.4	3:35	-0.3	7:09	4:37	
14	Sat	9:51	6.2	10:21	4.4	3:26	-0.4	4:20	-0.3	7:10	4:38	
15	Sun	10:38	6.1	11:12	4.4	4:13	-0.3	5:09	-0.3	7:11	4:38	
16	Mon	11:29	5.9			5:05	-0.2	6:02	-0.2	7:12	4:38	
17	Tue	12:07	4.4	12:23	5.7	6:03	-0.1	6:57	-0.2	7:12	4:39	
18	Wed	1:05	4.5	1:21	5.4	7:05	0.1	7:54	-0.2	7:13	4:39	
19	Thu	2:08	4.7	2:25	5.1	8:11	0.1	8:52	-0.2	7:13	4:39	
20	Fri	3:15	4.9	3:33	4.9	9:20	0.1	9:50	-0.3	7:14	4:40	
21	Sat	4:19	5.3	4:38	4.7	10:29	0.0	10:47	-0.4	7:15	4:40	
22	Sun	5:17	5.6	5:38	4.6	11:34	-0.2	11:41	-0.5	7:15	4:41	
23	Mon	6:10	5.9	6:33	4.6			12:34	-0.4	7:15	4:41	
24	Tue	7:01	6.1	7:25	4.6	12:32	-0.6	1:29	-0.5	7:16	4:42	
25	Wed	7:50	6.2	8:14	4.5	1:22	-0.7	2:18	-0.6	7:16	4:42	
26	Thu	8:35	6.2	8:59	4.4	2:08	-0.6	3:03	-0.6	7:17	4:43	
27	Fri	9:18	6.1	9:43	4.3	2:52	-0.6	3:46	-0.5	7:17	4:44	
28	Sat	10:00	5.8	10:26	4.2	3:35	-0.4	4:27	-0.3	7:17	4:44	
29	Sun	10:41	5.6	11:09	4.1	4:17	-0.2	5:10	-0.1	7:18	4:45	
30	Mon	11:23	5.3	11:52	4.0	5:02	0.1	5:54	0.0	7:18	4:46	
31	Tue			12:05	5.0	5:49	0.4	6:38	0.2	7:18	4:47	