

































North Highlands Beach, NJ - Jul 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:56	4.9	6:33	6.3			12:00	0.0	5:38	8:29	
2	Thu	6:56	4.9	7:27	6.6	12:58	0.2	12:55	-0.1	5:38	8:29	
3	Fri	7:53	4.8	8:20	6.7	1:58	0.0	1:49	-0.1	5:39	8:29	
4	Sat	8:48	4.8	9:11	6.7	2:53	-0.1	2:41	-0.1	5:39	8:29	
5	Sun	9:40	4.8	9:59	6.6	3:43	-0.1	3:30	-0.1	5:40	8:28	
6	Mon	10:28	4.8	10:45	6.5	4:29	-0.1	4:17	0.1	5:40	8:28	
7	Tue	11:14	4.8	11:30	6.2	5:14	0.1	5:04	0.3	5:41	8:28	
8	Wed			12:00	4.7	5:58	0.2	5:51	0.5	5:42	8:27	
9	Thu	12:13	5.9	12:45	4.7	6:43	0.4	6:40	0.8	5:42	8:27	
10	Fri	12:56	5.6	1:30	4.7	7:27	0.6	7:32	1.0	5:43	8:27	
11	Sat	1:39	5.3	2:15	4.7	8:10	0.7	8:24	1.2	5:44	8:26	
12	Sun	2:24	4.9	3:02	4.7	8:53	0.8	9:18	1.3	5:44	8:26	
13	Mon	3:13	4.7	3:54	4.8	9:36	0.9	10:14	1.4	5:45	8:25	
14	Tue	4:07	4.4	4:47	5.0	10:21	0.9	11:12	1.3	5:46	8:25	
15	Wed	5:03	4.3	5:38	5.3	11:08	0.9			5:47	8:24	
16	Thu	5:57	4.3	6:26	5.5	12:08	1.2	11:55 AM	0.8	5:47	8:24	
17	Fri	6:48	4.3	7:13	5.8	1:00	1.1	12:42	0.7	5:48	8:23	
18	Sat	7:37	4.4	7:59	6.1	1:49	0.8	1:30	0.5	5:49	8:22	
19	Sun	8:26	4.5	8:45	6.3	2:35	0.6	2:17	0.3	5:50	8:22	
20	Mon	9:13	4.7	9:31	6.5	3:18	0.3	3:04	0.1	5:50	8:21	
21	Tue	9:59	4.9	10:16	6.6	4:01	0.1	3:50	0.0	5:51	8:20	
22	Wed	10:46	5.1	11:02	6.6	4:43	0.0	4:38	0.0	5:52	8:20	
23	Thu	11:35	5.2	11:50	6.4	5:28	-0.1	5:28	0.0	5:53	8:19	
24	Fri			12:25	5.4	6:15	-0.1	6:23	0.1	5:54	8:18	
25	Sat	12:40	6.2	1:17	5.6	7:05	-0.1	7:22	0.3	5:55	8:17	
26	Sun	1:33	5.9	2:12	5.7	7:56	0.0	8:24	0.4	5:55	8:16	
27	Mon	2:28	5.5	3:11	5.8	8:49	0.1	9:28	0.5	5:56	8:15	
28	Tue	3:30	5.1	4:15	6.0	9:44	0.2	10:36	0.6	5:57	8:14	
29	Wed	4:37	4.8	5:19	6.2	10:42	0.3	11:44	0.6	5:58	8:14	
30	Thu	5:44	4.7	6:19	6.3	11:41	0.3			5:59	8:13	
31	Fri	6:45	4.7	7:15	6.4	12:49	0.5	12:39	0.3	6:00	8:12	