

North Highlands Beach, NJ - Mar 2021

| Date | | High | | | | Low | | | | ☀️ | | 🌙 |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 10:03 | 5.8 | 10:28 | 5.6 | 3:48 | -1.0 | 4:17 | -0.9 | 6:31 | 5:52 | ☉ |
| 2 | Tue | 10:49 | 5.5 | 11:17 | 5.7 | 4:37 | -0.9 | 5:02 | -0.8 | 6:30 | 5:53 | ☾ |
| 3 | Wed | 11:39 | 5.2 | | | 5:31 | -0.7 | 5:50 | -0.6 | 6:28 | 5:54 | ☾ |
| 4 | Thu | 12:09 | 5.7 | 12:32 | 4.7 | 6:30 | -0.4 | 6:43 | -0.3 | 6:27 | 5:55 | ☾ |
| 5 | Fri | 1:05 | 5.6 | 1:31 | 4.3 | 7:33 | 0.0 | 7:40 | -0.1 | 6:25 | 5:56 | ☾ |
| 6 | Sat | 2:09 | 5.4 | 2:42 | 3.9 | 8:42 | 0.2 | 8:43 | 0.1 | 6:24 | 5:57 | ☾ |
| 7 | Sun | 3:22 | 5.4 | 4:00 | 3.8 | 9:57 | 0.3 | 9:52 | 0.2 | 6:22 | 5:58 | ☾ |
| 8 | Mon | 4:35 | 5.4 | 5:11 | 4.0 | 11:09 | 0.3 | 11:01 | 0.2 | 6:21 | 5:59 | ☾ |
| 9 | Tue | 5:39 | 5.5 | 6:11 | 4.2 | | | 12:11 | 0.2 | 6:19 | 6:00 | ☾ |
| 10 | Wed | 6:35 | 5.6 | 7:02 | 4.5 | 12:04 | 0.0 | 1:04 | 0.0 | 6:17 | 6:01 | ☾ |
| 11 | Thu | 7:25 | 5.7 | 7:48 | 4.7 | 1:01 | -0.2 | 1:49 | -0.1 | 6:16 | 6:02 | ☾ |
| 12 | Fri | 8:08 | 5.7 | 8:28 | 4.9 | 1:50 | -0.3 | 2:27 | -0.2 | 6:14 | 6:03 | ☾ |
| 13 | Sat | 8:48 | 5.6 | 9:05 | 5.1 | 2:33 | -0.4 | 3:01 | -0.3 | 6:13 | 6:04 | ☾ |
| 14 | Sun | 10:24 | 5.4 | 10:40 | 5.2 | 4:12 | -0.3 | 4:34 | -0.2 | 7:11 | 7:05 | ☾ |
| 15 | Mon | 10:59 | 5.2 | 11:14 | 5.2 | 4:50 | -0.2 | 5:06 | -0.1 | 7:10 | 7:06 | ☾ |
| 16 | Tue | 11:34 | 4.9 | 11:49 | 5.1 | 5:28 | 0.0 | 5:39 | 0.1 | 7:08 | 7:07 | ☾ |
| 17 | Wed | | | 12:10 | 4.6 | 6:07 | 0.2 | 6:15 | 0.3 | 7:07 | 7:08 | ☾ |
| 18 | Thu | 12:26 | 5.0 | 12:49 | 4.3 | 6:50 | 0.5 | 6:53 | 0.5 | 7:05 | 7:09 | ☾ |
| 19 | Fri | 1:06 | 4.9 | 1:30 | 4.0 | 7:37 | 0.7 | 7:35 | 0.7 | 7:03 | 7:10 | ☾ |
| 20 | Sat | 1:50 | 4.8 | 2:18 | 3.8 | 8:28 | 0.9 | 8:23 | 0.9 | 7:02 | 7:11 | ☾ |
| 21 | Sun | 2:41 | 4.7 | 3:14 | 3.6 | 9:24 | 1.1 | 9:16 | 0.9 | 7:00 | 7:12 | ☾ |
| 22 | Mon | 3:42 | 4.7 | 4:22 | 3.6 | 10:26 | 1.1 | 10:16 | 0.9 | 6:59 | 7:13 | ☾ |
| 23 | Tue | 4:49 | 4.8 | 5:27 | 3.8 | 11:27 | 1.0 | 11:18 | 0.7 | 6:57 | 7:14 | ☾ |
| 24 | Wed | 5:51 | 5.1 | 6:23 | 4.1 | | | 12:23 | 0.7 | 6:56 | 7:15 | ☾ |
| 25 | Thu | 6:45 | 5.4 | 7:14 | 4.6 | 12:17 | 0.4 | 1:12 | 0.3 | 6:54 | 7:16 | ☾ |
| 26 | Fri | 7:35 | 5.7 | 8:01 | 5.1 | 1:13 | 0.0 | 1:58 | 0.0 | 6:52 | 7:17 | ☾ |
| 27 | Sat | 8:23 | 5.9 | 8:47 | 5.5 | 2:05 | -0.4 | 2:41 | -0.4 | 6:51 | 7:18 | ☾ |
| 28 | Sun | 9:10 | 6.0 | 9:33 | 6.0 | 2:56 | -0.7 | 3:24 | -0.7 | 6:49 | 7:19 | ☾ |
| 29 | Mon | 9:56 | 6.0 | 10:19 | 6.3 | 3:44 | -0.9 | 4:06 | -0.8 | 6:48 | 7:20 | ☾ |
| 30 | Tue | 10:43 | 5.8 | 11:06 | 6.4 | 4:33 | -1.0 | 4:49 | -0.8 | 6:46 | 7:21 | ☾ |
| 31 | Wed | 11:32 | 5.5 | 11:56 | 6.4 | 5:24 | -0.9 | 5:35 | -0.6 | 6:45 | 7:22 | ☾ |