

































## North Highlands Beach, NJ - Jan 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:01	6.4	7:28	4.4	12:30	-0.8	1:34	-0.7	7:18	4:48	
2	Sun	7:56	6.6	8:24	4.5	1:26	-1.0	2:28	-0.9	7:18	4:49	
3	Mon	8:50	6.6	9:19	4.5	2:19	-1.1	3:20	-1.0	7:18	4:49	
4	Tue	9:43	6.5	10:12	4.5	3:12	-1.0	4:11	-0.9	7:18	4:50	
5	Wed	10:35	6.2	11:06	4.5	4:05	-0.9	5:02	-0.8	7:18	4:51	
6	Thu	11:27	5.8			5:00	-0.6	5:54	-0.6	7:18	4:52	
7	Fri	12:00	4.5	12:19	5.4	5:59	-0.2	6:47	-0.3	7:18	4:53	
8	Sat	12:55	4.4	1:11	4.9	7:00	0.1	7:38	-0.1	7:18	4:54	
9	Sun	1:50	4.4	2:06	4.4	8:03	0.3	8:28	0.0	7:18	4:55	
10	Mon	2:49	4.4	3:04	4.0	9:08	0.5	9:19	0.2	7:18	4:56	
11	Tue	3:48	4.5	4:03	3.8	10:13	0.6	10:08	0.2	7:18	4:57	
12	Wed	4:41	4.6	4:58	3.6	11:13	0.6	10:57	0.2	7:17	4:58	
13	Thu	5:29	4.8	5:48	3.6			12:08	0.4	7:17	4:59	
14	Fri	6:13	5.0	6:34	3.6			12:56	0.3	7:17	5:00	
15	Sat	6:56	5.2	7:18	3.7	12:27	0.1	1:39	0.1	7:16	5:01	
16	Sun	7:36	5.3	7:59	3.8	1:09	0.0	2:16	0.0	7:16	5:02	
17	Mon	8:15	5.4	8:38	3.9	1:49	-0.2	2:50	-0.1	7:16	5:03	
18	Tue	8:53	5.5	9:15	4.0	2:27	-0.3	3:23	-0.2	7:15	5:04	
19	Wed	9:30	5.5	9:53	4.0	3:05	-0.3	3:56	-0.2	7:15	5:05	
20	Thu	10:06	5.4	10:31	4.1	3:43	-0.3	4:31	-0.2	7:14	5:07	
21	Fri	10:44	5.3	11:12	4.2	4:24	-0.3	5:08	-0.2	7:14	5:08	
22	Sat	11:24	5.1	11:55	4.4	5:09	-0.2	5:49	-0.2	7:13	5:09	
23	Sun			12:07	4.8	6:00	0.0	6:33	-0.2	7:12	5:10	
24	Mon	12:42	4.5	12:54	4.5	6:55	0.1	7:21	-0.2	7:12	5:11	
25	Tue	1:35	4.7	1:49	4.2	7:55	0.2	8:13	-0.2	7:11	5:12	
26	Wed	2:36	4.9	2:54	3.9	9:01	0.2	9:10	-0.3	7:10	5:13	
27	Thu	3:43	5.1	4:07	3.8	10:11	0.1	10:12	-0.3	7:10	5:15	
28	Fri	4:49	5.5	5:16	3.8	11:20	-0.1	11:15	-0.5	7:09	5:16	
29	Sat	5:52	5.8	6:20	4.0			12:25	-0.4	7:08	5:17	
30	Sun	6:51	6.1	7:19	4.2	12:16	-0.7	1:24	-0.6	7:07	5:18	
31	Mon	7:47	6.3	8:14	4.5	1:15	-0.9	2:17	-0.9	7:06	5:19	