

































North Highlands Beach, NJ - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:26	5.0	4:45	4.0	10:50	0.3	10:45	0.0	7:18	4:48	
2	Mon	5:20	5.2	5:39	3.9	11:51	0.2	11:34	0.0	7:18	4:48	
3	Tue	6:08	5.3	6:28	3.8			12:45	0.2	7:18	4:49	
4	Wed	6:53	5.4	7:14	3.8	12:21	0.0	1:33	0.1	7:18	4:50	
5	Thu	7:34	5.5	7:56	3.8	1:05	-0.1	2:14	0.0	7:18	4:51	
6	Fri	8:13	5.5	8:35	3.9	1:46	-0.1	2:51	-0.1	7:18	4:52	
7	Sat	8:50	5.5	9:13	3.9	2:25	-0.2	3:25	-0.1	7:18	4:53	
8	Sun	9:27	5.4	9:50	3.9	3:02	-0.1	3:59	0.0	7:18	4:54	
9	Mon	10:03	5.3	10:28	3.9	3:39	-0.1	4:33	0.0	7:18	4:55	
10	Tue	10:40	5.2	11:07	3.9	4:17	0.0	5:08	0.1	7:18	4:56	
11	Wed	11:17	4.9	11:47	4.0	4:58	0.2	5:46	0.1	7:18	4:57	
12	Thu	11:56	4.7			5:44	0.3	6:25	0.2	7:17	4:58	
13	Fri	12:29	4.1	12:37	4.4	6:33	0.4	7:06	0.2	7:17	4:59	
14	Sat	1:15	4.2	1:23	4.1	7:27	0.5	7:50	0.1	7:17	5:00	
15	Sun	2:07	4.4	2:16	3.9	8:25	0.5	8:40	0.1	7:17	5:01	
16	Mon	3:06	4.6	3:20	3.7	9:29	0.5	9:34	0.0	7:16	5:02	
17	Tue	4:08	5.0	4:27	3.7	10:34	0.3	10:32	-0.2	7:16	5:03	
18	Wed	5:08	5.4	5:30	3.8	11:38	0.0	11:31	-0.4	7:15	5:04	
19	Thu	6:05	5.8	6:31	4.0			12:39	-0.3	7:15	5:05	
20	Fri	7:02	6.2	7:29	4.2	12:29	-0.7	1:36	-0.7	7:14	5:06	
21	Sat	7:57	6.4	8:24	4.5	1:26	-1.0	2:28	-1.0	7:14	5:07	
22	Sun	8:50	6.5	9:17	4.7	2:21	-1.2	3:17	-1.1	7:13	5:09	
23	Mon	9:42	6.5	10:09	4.9	3:14	-1.3	4:05	-1.1	7:13	5:10	
24	Tue	10:33	6.2	11:02	4.9	4:07	-1.1	4:54	-1.0	7:12	5:11	
25	Wed	11:25	5.8	11:55	5.0	5:03	-0.9	5:44	-0.9	7:11	5:12	
26	Thu			12:16	5.3	6:02	-0.6	6:35	-0.6	7:11	5:13	
27	Fri	12:49	4.9	1:09	4.7	7:03	-0.2	7:26	-0.4	7:10	5:14	
28	Sat	1:45	4.9	2:06	4.2	8:08	0.1	8:18	-0.1	7:09	5:15	
29	Sun	2:46	4.8	3:09	3.8	9:16	0.3	9:13	0.1	7:08	5:17	
30	Mon	3:50	4.8	4:15	3.5	10:26	0.5	10:09	0.2	7:07	5:18	
31	Tue	4:50	4.8	5:14	3.5	11:30	0.5	11:04	0.2	7:07	5:19	