

































North Highlands Beach, NJ - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:22	4.4	7:52	6.4	1:33	0.5	1:21	0.2	5:37	8:29	
2	Sun	8:17	4.5	8:44	6.7	2:27	0.2	2:14	0.0	5:38	8:29	
3	Mon	9:13	4.7	9:37	6.9	3:19	0.0	3:07	-0.2	5:38	8:29	
4	Tue	10:07	4.8	10:30	7.0	4:09	-0.2	3:59	-0.3	5:39	8:29	
5	Wed	11:01	5.0	11:23	6.8	4:59	-0.3	4:53	-0.2	5:39	8:28	
6	Thu	11:56	5.1			5:50	-0.3	5:49	-0.1	5:40	8:28	
7	Fri	12:17	6.6	12:52	5.3	6:43	-0.2	6:50	0.1	5:41	8:28	
8	Sat	1:12	6.2	1:49	5.4	7:37	-0.1	7:54	0.3	5:41	8:28	
9	Sun	2:07	5.8	2:47	5.5	8:30	0.0	8:59	0.5	5:42	8:27	
10	Mon	3:05	5.3	3:48	5.6	9:23	0.1	10:07	0.7	5:42	8:27	
11	Tue	4:08	4.9	4:50	5.7	10:16	0.3	11:15	0.7	5:43	8:27	
12	Wed	5:11	4.6	5:47	5.9	11:10	0.4			5:44	8:26	
13	Thu	6:10	4.4	6:40	6.0	12:20	0.7	12:02	0.5	5:45	8:26	
14	Fri	7:04	4.3	7:30	6.0	1:19	0.7	12:53	0.5	5:45	8:25	
15	Sat	7:55	4.3	8:16	6.1	2:12	0.6	1:42	0.5	5:46	8:25	
16	Sun	8:42	4.3	8:59	6.1	2:59	0.6	2:29	0.5	5:47	8:24	
17	Mon	9:24	4.4	9:38	6.1	3:39	0.5	3:11	0.5	5:47	8:24	
18	Tue	10:04	4.5	10:16	6.0	4:16	0.5	3:51	0.5	5:48	8:23	
19	Wed	10:42	4.5	10:53	5.9	4:50	0.5	4:30	0.6	5:49	8:22	
20	Thu	11:20	4.6	11:30	5.8	5:24	0.6	5:09	0.7	5:50	8:22	
21	Fri	11:59	4.7			5:59	0.6	5:50	0.8	5:51	8:21	
22	Sat	12:07	5.6	12:38	4.7	6:34	0.7	6:34	1.0	5:51	8:20	
23	Sun	12:45	5.3	1:18	4.8	7:11	0.8	7:21	1.1	5:52	8:19	
24	Mon	1:24	5.1	2:00	5.0	7:49	0.8	8:11	1.2	5:53	8:19	
25	Tue	2:06	4.8	2:46	5.1	8:30	0.8	9:05	1.2	5:54	8:18	
26	Wed	2:53	4.5	3:39	5.3	9:15	0.8	10:03	1.2	5:55	8:17	
27	Thu	3:49	4.3	4:37	5.6	10:05	0.7	11:05	1.1	5:56	8:16	
28	Fri	4:53	4.3	5:37	5.9	11:00	0.6			5:57	8:15	
29	Sat	5:57	4.3	6:34	6.3	12:08	0.9	11:58 AM	0.5	5:57	8:14	
30	Sun	6:58	4.5	7:31	6.6	1:08	0.6	12:57	0.3	5:58	8:13	
31	Mon	7:58	4.7	8:27	6.9	2:06	0.3	1:55	0.0	5:59	8:12	