

North Highlands Beach, NJ - Aug 2023

| Date | | High | | | | Low | | | | ☀️ | | 🌙 |
|------|-----|-------|-----|-------|-----|-------|------|----------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 8:55 | 5.0 | 9:22 | 7.1 | 3:00 | 0.0 | 2:52 | -0.2 | 6:00 | 8:11 | ☉ |
| 2 | Wed | 9:50 | 5.3 | 10:15 | 7.1 | 3:50 | -0.2 | 3:47 | -0.4 | 6:01 | 8:10 | ☉ |
| 3 | Thu | 10:43 | 5.6 | 11:06 | 6.9 | 4:38 | -0.4 | 4:41 | -0.4 | 6:02 | 8:09 | ☉ |
| 4 | Fri | 11:36 | 5.8 | 11:59 | 6.6 | 5:26 | -0.4 | 5:37 | -0.2 | 6:03 | 8:08 | ☉ |
| 5 | Sat | | | 12:29 | 5.9 | 6:16 | -0.2 | 6:36 | 0.0 | 6:04 | 8:07 | ☉ |
| 6 | Sun | 12:51 | 6.1 | 1:23 | 6.0 | 7:06 | -0.1 | 7:37 | 0.3 | 6:05 | 8:06 | ☉ |
| 7 | Mon | 1:44 | 5.6 | 2:18 | 5.9 | 7:58 | 0.2 | 8:41 | 0.6 | 6:05 | 8:05 | ☉ |
| 8 | Tue | 2:40 | 5.1 | 3:17 | 5.9 | 8:50 | 0.4 | 9:47 | 0.9 | 6:06 | 8:04 | ☾ |
| 9 | Wed | 3:41 | 4.7 | 4:20 | 5.8 | 9:44 | 0.6 | 10:56 | 1.0 | 6:07 | 8:02 | ☾ |
| 10 | Thu | 4:47 | 4.4 | 5:22 | 5.8 | 10:40 | 0.8 | | | 6:08 | 8:01 | ☾ |
| 11 | Fri | 5:49 | 4.3 | 6:18 | 5.8 | 12:02 | 1.1 | 11:37 AM | 0.9 | 6:09 | 8:00 | ☾ |
| 12 | Sat | 6:45 | 4.3 | 7:09 | 5.9 | 1:01 | 1.1 | 12:32 | 0.9 | 6:10 | 7:59 | ☾ |
| 13 | Sun | 7:35 | 4.4 | 7:55 | 6.0 | 1:53 | 1.0 | 1:23 | 0.9 | 6:11 | 7:58 | ☾ |
| 14 | Mon | 8:19 | 4.5 | 8:37 | 6.0 | 2:38 | 0.9 | 2:10 | 0.8 | 6:12 | 7:56 | ☾ |
| 15 | Tue | 9:00 | 4.7 | 9:15 | 6.1 | 3:15 | 0.8 | 2:52 | 0.7 | 6:13 | 7:55 | ☾ |
| 16 | Wed | 9:38 | 4.9 | 9:51 | 6.0 | 3:48 | 0.7 | 3:31 | 0.6 | 6:14 | 7:54 | ☾ |
| 17 | Thu | 10:14 | 5.0 | 10:26 | 6.0 | 4:19 | 0.7 | 4:08 | 0.6 | 6:15 | 7:52 | ☾ |
| 18 | Fri | 10:49 | 5.1 | 11:00 | 5.8 | 4:48 | 0.7 | 4:45 | 0.7 | 6:15 | 7:51 | ☾ |
| 19 | Sat | 11:24 | 5.2 | 11:35 | 5.6 | 5:19 | 0.7 | 5:24 | 0.8 | 6:16 | 7:50 | ☾ |
| 20 | Sun | | | 12:01 | 5.3 | 5:51 | 0.8 | 6:05 | 0.9 | 6:17 | 7:48 | ☾ |
| 21 | Mon | 12:11 | 5.4 | 12:39 | 5.4 | 6:26 | 0.8 | 6:50 | 1.1 | 6:18 | 7:47 | ☾ |
| 22 | Tue | 12:49 | 5.1 | 1:21 | 5.5 | 7:04 | 0.9 | 7:40 | 1.2 | 6:19 | 7:45 | ☾ |
| 23 | Wed | 1:31 | 4.8 | 2:07 | 5.6 | 7:47 | 0.9 | 8:34 | 1.3 | 6:20 | 7:44 | ☾ |
| 24 | Thu | 2:19 | 4.6 | 3:00 | 5.7 | 8:36 | 1.0 | 9:34 | 1.3 | 6:21 | 7:43 | ☾ |
| 25 | Fri | 3:17 | 4.4 | 4:04 | 5.8 | 9:31 | 1.0 | 10:39 | 1.3 | 6:22 | 7:41 | ☾ |
| 26 | Sat | 4:27 | 4.3 | 5:11 | 6.1 | 10:33 | 0.9 | 11:45 | 1.1 | 6:23 | 7:40 | ☾ |
| 27 | Sun | 5:39 | 4.5 | 6:15 | 6.4 | 11:38 | 0.7 | | | 6:24 | 7:38 | ☾ |
| 28 | Mon | 6:43 | 4.8 | 7:14 | 6.7 | 12:48 | 0.8 | 12:41 | 0.4 | 6:25 | 7:37 | ☉ |
| 29 | Tue | 7:42 | 5.2 | 8:11 | 6.9 | 1:45 | 0.4 | 1:42 | 0.1 | 6:25 | 7:35 | ☉ |
| 30 | Wed | 8:38 | 5.6 | 9:05 | 7.1 | 2:38 | 0.1 | 2:40 | -0.2 | 6:26 | 7:34 | ☉ |
| 31 | Thu | 9:31 | 6.0 | 9:56 | 7.0 | 3:26 | -0.2 | 3:35 | -0.4 | 6:27 | 7:32 | ☉ |