

































North Highlands Beach, NJ - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:02	4.7	5:48	0.5	6:38	0.4	7:18	4:47	
2	Tue	12:37	3.9	12:44	4.4	6:38	0.7	7:19	0.4	7:18	4:48	
3	Wed	1:23	4.0	1:29	4.1	7:30	0.8	8:01	0.5	7:18	4:49	
4	Thu	2:14	4.1	2:20	3.9	8:26	0.9	8:45	0.5	7:18	4:50	
5	Fri	3:09	4.3	3:18	3.7	9:26	0.8	9:32	0.4	7:18	4:51	
6	Sat	4:04	4.5	4:18	3.6	10:26	0.7	10:22	0.3	7:18	4:52	
7	Sun	4:57	4.9	5:14	3.6	11:25	0.5	11:13	0.1	7:18	4:53	
8	Mon	5:47	5.3	6:07	3.7			12:19	0.2	7:18	4:54	
9	Tue	6:37	5.6	7:00	3.9	12:04	-0.2	1:11	-0.1	7:18	4:54	
10	Wed	7:27	6.0	7:51	4.1	12:55	-0.5	2:00	-0.4	7:18	4:55	
11	Thu	8:16	6.2	8:41	4.3	1:46	-0.7	2:46	-0.7	7:18	4:56	
12	Fri	9:05	6.3	9:30	4.5	2:36	-0.9	3:32	-0.9	7:18	4:57	
13	Sat	9:54	6.3	10:21	4.6	3:26	-1.0	4:18	-0.9	7:17	4:58	
14	Sun	10:44	6.1	11:13	4.8	4:17	-0.9	5:06	-0.9	7:17	5:00	
15	Mon	11:35	5.7			5:13	-0.8	5:57	-0.8	7:17	5:01	
16	Tue	12:07	4.9	12:28	5.3	6:14	-0.5	6:49	-0.7	7:16	5:02	
17	Wed	1:03	4.9	1:24	4.8	7:17	-0.2	7:41	-0.5	7:16	5:03	
18	Thu	2:03	5.0	2:25	4.3	8:24	0.0	8:36	-0.3	7:15	5:04	
19	Fri	3:09	5.0	3:33	3.9	9:36	0.2	9:34	-0.2	7:15	5:05	
20	Sat	4:15	5.1	4:41	3.7	10:47	0.2	10:33	-0.1	7:14	5:06	
21	Sun	5:16	5.3	5:42	3.7	11:54	0.1	11:30	-0.1	7:14	5:07	
22	Mon	6:11	5.4	6:36	3.7			12:52	0.0	7:13	5:08	
23	Tue	7:01	5.4	7:26	3.8	12:25	-0.2	1:42	-0.1	7:13	5:09	
24	Wed	7:47	5.5	8:10	3.9	1:15	-0.2	2:24	-0.2	7:12	5:11	
25	Thu	8:28	5.5	8:49	4.0	2:00	-0.3	3:01	-0.2	7:11	5:12	
26	Fri	9:05	5.4	9:26	4.1	2:40	-0.3	3:35	-0.2	7:11	5:13	
27	Sat	9:40	5.3	10:02	4.1	3:18	-0.3	4:07	-0.2	7:10	5:14	
28	Sun	10:15	5.1	10:38	4.2	3:56	-0.2	4:40	-0.1	7:09	5:15	
29	Mon	10:50	4.9	11:16	4.2	4:35	0.0	5:13	0.0	7:08	5:16	
30	Tue	11:26	4.6	11:54	4.2	5:16	0.2	5:48	0.1	7:08	5:17	
31	Wed			12:04	4.3	6:01	0.3	6:26	0.2	7:07	5:19	