
































## North Highlands Beach, NJ - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:09	4.0	6:16	0.5	6:20	0.4	6:31	5:52	
2	Sat	12:39	4.8	12:53	3.7	7:07	0.7	7:06	0.5	6:29	5:53	
3	Sun	1:30	4.8	1:47	3.5	8:05	0.8	8:01	0.5	6:28	5:55	
4	Mon	2:31	4.8	2:57	3.4	9:10	0.8	9:04	0.5	6:26	5:56	
5	Tue	3:43	5.0	4:13	3.6	10:18	0.7	10:11	0.3	6:25	5:57	
6	Wed	4:50	5.3	5:19	3.9	11:22	0.3	11:17	0.0	6:23	5:58	
7	Thu	5:50	5.7	6:18	4.4			12:19	0.0	6:22	5:59	
8	Fri	6:46	6.0	7:11	4.9	12:18	-0.4	1:11	-0.4	6:20	6:00	
9	Sat	7:39	6.2	8:02	5.4	1:16	-0.8	1:58	-0.8	6:19	6:01	
10	Sun	9:29	6.3	9:51	5.9	3:10	-1.1	3:43	-1.0	7:17	7:02	
11	Mon	10:17	6.2	10:39	6.1	4:02	-1.2	4:26	-1.1	7:16	7:03	
12	Tue	11:05	5.9	11:27	6.2	4:53	-1.2	5:11	-1.0	7:14	7:04	
13	Wed	11:54	5.4			5:45	-0.9	5:57	-0.7	7:12	7:05	
14	Thu	12:17	6.1	12:45	4.9	6:41	-0.5	6:46	-0.4	7:11	7:06	
15	Fri	1:09	5.9	1:39	4.4	7:41	-0.1	7:39	0.0	7:09	7:07	
16	Sat	2:06	5.5	2:38	4.0	8:46	0.3	8:36	0.4	7:08	7:08	
17	Sun	3:09	5.2	3:48	3.7	9:56	0.7	9:40	0.7	7:06	7:09	
18	Mon	4:21	5.0	5:03	3.7	11:10	0.8	10:49	0.8	7:05	7:10	
19	Tue	5:32	4.9	6:07	3.8			12:15	0.8	7:03	7:11	
20	Wed	6:30	5.0	6:58	4.0			1:08	0.7	7:01	7:12	
21	Thu	7:19	5.1	7:42	4.3	12:53	0.6	1:53	0.5	7:00	7:13	
22	Fri	8:01	5.2	8:21	4.6	1:43	0.4	2:29	0.4	6:58	7:14	
23	Sat	8:38	5.2	8:56	4.9	2:26	0.2	3:01	0.3	6:57	7:15	
24	Sun	9:13	5.2	9:29	5.1	3:04	0.1	3:29	0.2	6:55	7:16	
25	Mon	9:47	5.2	10:02	5.3	3:39	0.0	3:56	0.1	6:54	7:17	
26	Tue	10:19	5.0	10:35	5.4	4:14	0.0	4:24	0.1	6:52	7:18	
27	Wed	10:52	4.8	11:08	5.4	4:49	0.1	4:54	0.2	6:50	7:19	
28	Thu	11:26	4.6	11:44	5.4	5:26	0.2	5:26	0.3	6:49	7:20	
29	Fri			12:03	4.3	6:06	0.4	6:03	0.4	6:47	7:20	
30	Sat	12:24	5.4	12:44	4.1	6:52	0.5	6:46	0.6	6:46	7:21	
31	Sun	1:09	5.3	1:31	3.9	7:44	0.7	7:36	0.7	6:44	7:22	