

































North Highlands Beach, NJ - May 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:29	4.7	6:28	-0.2	6:18	0.1	6:00	7:52	
2	Fri	12:49	6.3	1:28	4.5	7:29	0.2	7:18	0.5	5:59	7:53	
3	Sat	1:48	5.9	2:31	4.3	8:33	0.5	8:23	0.8	5:58	7:54	
4	Sun	2:51	5.5	3:39	4.3	9:37	0.7	9:32	1.0	5:57	7:55	
5	Mon	3:58	5.2	4:46	4.5	10:38	0.7	10:42	1.0	5:56	7:56	
6	Tue	5:03	5.0	5:43	4.7	11:33	0.8	11:46	1.0	5:55	7:57	
7	Wed	5:59	4.9	6:31	5.0			12:20	0.7	5:54	7:58	
8	Thu	6:46	4.8	7:12	5.2	12:42	0.9	1:01	0.7	5:53	7:59	
9	Fri	7:29	4.8	7:51	5.5	1:32	0.7	1:38	0.6	5:52	8:00	
10	Sat	8:09	4.7	8:27	5.7	2:16	0.6	2:13	0.5	5:51	8:01	
11	Sun	8:47	4.7	9:03	5.8	2:56	0.4	2:46	0.5	5:50	8:02	
12	Mon	9:25	4.6	9:38	5.9	3:33	0.4	3:19	0.5	5:49	8:03	
13	Tue	10:01	4.5	10:14	6.0	4:08	0.4	3:53	0.5	5:48	8:04	
14	Wed	10:38	4.4	10:52	5.9	4:44	0.4	4:27	0.6	5:47	8:05	
15	Thu	11:17	4.2	11:31	5.8	5:21	0.5	5:04	0.7	5:46	8:05	
16	Fri	11:58	4.2			6:02	0.6	5:45	0.8	5:45	8:06	
17	Sat	12:13	5.7	12:42	4.1	6:47	0.7	6:32	0.9	5:44	8:07	
18	Sun	12:59	5.6	1:30	4.2	7:35	0.7	7:26	0.9	5:43	8:08	
19	Mon	1:48	5.5	2:23	4.3	8:25	0.7	8:25	0.9	5:43	8:09	
20	Tue	2:41	5.4	3:22	4.6	9:16	0.6	9:28	0.9	5:42	8:10	
21	Wed	3:41	5.3	4:24	4.9	10:09	0.4	10:33	0.7	5:41	8:11	
22	Thu	4:44	5.2	5:23	5.4	11:03	0.2	11:39	0.4	5:40	8:12	
23	Fri	5:45	5.2	6:19	6.0	11:56	0.0			5:40	8:12	
24	Sat	6:43	5.2	7:12	6.5	12:41	0.1	12:48	-0.2	5:39	8:13	
25	Sun	7:39	5.2	8:05	6.8	1:41	-0.2	1:40	-0.4	5:39	8:14	
26	Mon	8:35	5.1	8:59	7.0	2:39	-0.4	2:32	-0.5	5:38	8:15	
27	Tue	9:31	5.0	9:51	7.1	3:33	-0.5	3:23	-0.5	5:37	8:16	
28	Wed	10:25	4.9	10:44	6.9	4:26	-0.5	4:14	-0.3	5:37	8:16	
29	Thu	11:19	4.8	11:38	6.7	5:19	-0.3	5:05	-0.1	5:36	8:17	
30	Fri			12:15	4.7	6:14	0.0	6:01	0.2	5:36	8:18	
31	Sat	12:32	6.3	1:11	4.6	7:11	0.2	7:00	0.5	5:36	8:19	