

































North Highlands Beach, NJ - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:44	5.3	2:24	4.8	8:17	0.6	8:31	1.0	5:38	8:29	
2	Wed	2:31	4.9	3:15	4.9	9:02	0.7	9:28	1.2	5:38	8:29	
3	Thu	3:21	4.6	4:07	5.0	9:46	0.8	10:27	1.3	5:39	8:29	
4	Fri	4:15	4.3	4:59	5.1	10:31	0.9	11:26	1.3	5:39	8:29	
5	Sat	5:11	4.1	5:48	5.3	11:17	1.0			5:40	8:28	
6	Sun	6:04	4.0	6:35	5.5	12:22	1.2	12:02	0.9	5:40	8:28	
7	Mon	6:54	4.0	7:20	5.7	1:14	1.1	12:48	0.9	5:41	8:28	
8	Tue	7:42	4.1	8:05	5.9	2:02	0.9	1:33	0.8	5:42	8:27	
9	Wed	8:28	4.2	8:48	6.1	2:45	0.8	2:18	0.6	5:42	8:27	
10	Thu	9:12	4.3	9:30	6.2	3:24	0.6	3:01	0.5	5:43	8:27	
11	Fri	9:54	4.4	10:11	6.3	4:01	0.4	3:43	0.4	5:44	8:26	
12	Sat	10:36	4.6	10:53	6.3	4:38	0.3	4:26	0.3	5:44	8:26	
13	Sun	11:19	4.8	11:35	6.2	5:17	0.2	5:11	0.3	5:45	8:25	
14	Mon			12:03	5.0	5:58	0.2	6:00	0.4	5:46	8:25	
15	Tue	12:19	6.0	12:50	5.2	6:41	0.1	6:54	0.5	5:46	8:24	
16	Wed	1:05	5.7	1:39	5.4	7:27	0.1	7:52	0.6	5:47	8:24	
17	Thu	1:54	5.4	2:32	5.6	8:16	0.1	8:53	0.6	5:48	8:23	
18	Fri	2:49	5.0	3:31	5.8	9:07	0.1	9:58	0.7	5:49	8:23	
19	Sat	3:51	4.7	4:35	6.0	10:02	0.2	11:06	0.7	5:49	8:22	
20	Sun	5:00	4.5	5:39	6.2	11:00	0.2			5:50	8:21	
21	Mon	6:07	4.4	6:41	6.5	12:15	0.6	12:01	0.2	5:51	8:21	
22	Tue	7:10	4.5	7:40	6.6	1:20	0.5	1:01	0.1	5:52	8:20	
23	Wed	8:10	4.6	8:36	6.7	2:20	0.3	2:00	0.1	5:53	8:19	
24	Thu	9:05	4.8	9:27	6.7	3:13	0.1	2:55	0.0	5:54	8:18	
25	Fri	9:56	5.0	10:15	6.5	4:00	0.1	3:46	0.0	5:54	8:17	
26	Sat	10:43	5.1	11:00	6.3	4:43	0.1	4:35	0.1	5:55	8:16	
27	Sun	11:28	5.2	11:42	6.0	5:25	0.2	5:22	0.3	5:56	8:16	
28	Mon			12:12	5.2	6:06	0.3	6:10	0.6	5:57	8:15	
29	Tue	12:24	5.6	12:56	5.2	6:47	0.5	7:00	0.9	5:58	8:14	
30	Wed	1:05	5.2	1:39	5.2	7:28	0.7	7:52	1.1	5:59	8:13	
31	Thu	1:46	4.8	2:23	5.1	8:09	0.9	8:44	1.3	6:00	8:12	