

































North Highlands Beach, NJ - Aug 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:19	5.1	11:33	5.8	5:14	0.4	5:17	0.5	6:00	8:11	
2	Sun	11:58	5.3			5:50	0.3	6:02	0.6	6:01	8:10	
3	Mon	12:13	5.6	12:40	5.5	6:29	0.3	6:52	0.7	6:02	8:09	
4	Tue	12:55	5.3	1:26	5.6	7:12	0.3	7:46	0.8	6:03	8:08	
5	Wed	1:41	5.0	2:17	5.8	7:59	0.4	8:45	0.9	6:04	8:07	
6	Thu	2:34	4.7	3:15	5.9	8:50	0.4	9:50	1.0	6:05	8:06	
7	Fri	3:37	4.5	4:22	6.1	9:48	0.5	10:59	0.9	6:06	8:04	
8	Sat	4:50	4.4	5:30	6.3	10:51	0.4			6:07	8:03	
9	Sun	6:02	4.5	6:35	6.5	12:08	0.8	11:56 AM	0.3	6:07	8:02	
10	Mon	7:06	4.7	7:36	6.7	1:13	0.5	12:59	0.2	6:08	8:01	
11	Tue	8:06	5.0	8:33	6.9	2:12	0.3	2:01	0.0	6:09	8:00	
12	Wed	9:01	5.4	9:25	6.9	3:04	0.1	2:58	-0.2	6:10	7:58	
13	Thu	9:53	5.6	10:14	6.7	3:51	-0.1	3:51	-0.2	6:11	7:57	
14	Fri	10:41	5.8	11:01	6.4	4:34	-0.1	4:41	-0.1	6:12	7:56	
15	Sat	11:28	5.9	11:46	6.0	5:17	0.0	5:31	0.2	6:13	7:55	
16	Sun			12:14	5.9	6:00	0.2	6:23	0.5	6:14	7:53	
17	Mon	12:30	5.6	1:00	5.8	6:43	0.4	7:17	0.8	6:15	7:52	
18	Tue	1:15	5.1	1:47	5.7	7:28	0.7	8:12	1.1	6:16	7:51	
19	Wed	2:01	4.7	2:36	5.5	8:14	1.0	9:09	1.4	6:17	7:49	
20	Thu	2:52	4.3	3:31	5.4	9:03	1.2	10:11	1.6	6:18	7:48	
21	Fri	3:51	4.1	4:31	5.4	9:55	1.4	11:15	1.6	6:18	7:46	
22	Sat	4:56	4.0	5:29	5.5	10:51	1.4			6:19	7:45	
23	Sun	5:55	4.1	6:21	5.6	12:13	1.5	11:47 AM	1.3	6:20	7:44	
24	Mon	6:46	4.3	7:09	5.8	1:04	1.4	12:39	1.2	6:21	7:42	
25	Tue	7:31	4.5	7:52	6.0	1:48	1.2	1:27	1.0	6:22	7:41	
26	Wed	8:14	4.8	8:33	6.1	2:25	1.0	2:12	0.8	6:23	7:39	
27	Thu	8:54	5.1	9:12	6.2	2:59	0.8	2:54	0.6	6:24	7:38	
28	Fri	9:32	5.4	9:50	6.2	3:31	0.6	3:34	0.5	6:25	7:36	
29	Sat	10:09	5.7	10:28	6.1	4:04	0.4	4:14	0.4	6:26	7:35	
30	Sun	10:47	5.9	11:06	5.9	4:38	0.3	4:57	0.4	6:27	7:33	
31	Mon	11:28	6.1	11:48	5.6	5:15	0.3	5:42	0.5	6:27	7:32	