








## North Highlands Beach, NJ - Mar 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:32	4.3	11:55	5.0	5:33	0.3	5:39	0.1	6:31	5:52	
2	Thu			12:14	4.0	6:21	0.5	6:23	0.2	6:29	5:53	
3	Fri	12:42	5.0	1:03	3.8	7:15	0.6	7:15	0.3	6:28	5:55	
4	Sat	1:37	5.0	2:04	3.7	8:16	0.7	8:14	0.3	6:26	5:56	
5	Sun	2:43	5.0	3:18	3.7	9:23	0.6	9:20	0.2	6:25	5:57	
6	Mon	3:56	5.2	4:31	4.0	10:30	0.4	10:28	0.0	6:23	5:58	
7	Tue	5:03	5.5	5:34	4.4	11:32	0.1	11:33	-0.3	6:22	5:59	
8	Wed	6:02	5.8	6:31	4.9			12:28	-0.3	6:20	6:00	
9	Thu	6:58	6.0	7:24	5.5	12:34	-0.7	1:19	-0.7	6:19	6:01	
10	Fri	7:50	6.1	8:15	5.9	1:32	-1.0	2:06	-1.0	6:17	6:02	
11	Sat	8:40	6.1	9:03	6.2	2:25	-1.3	2:51	-1.1	6:15	6:03	
12	Sun	10:28	5.9	10:51	6.3	4:16	-1.3	4:35	-1.0	7:14	7:04	
13	Mon	11:16	5.5	11:40	6.3	5:07	-1.1	5:20	-0.8	7:12	7:05	
14	Tue			12:05	5.1	5:59	-0.7	6:07	-0.5	7:11	7:06	
15	Wed	12:30	6.0	12:56	4.6	6:55	-0.3	6:58	-0.1	7:09	7:07	
16	Thu	1:23	5.7	1:49	4.2	7:54	0.2	7:52	0.2	7:08	7:08	
17	Fri	2:19	5.3	2:49	3.9	8:56	0.5	8:51	0.6	7:06	7:09	
18	Sat	3:22	5.0	3:58	3.7	10:04	0.8	9:56	0.8	7:05	7:10	
19	Sun	4:32	4.8	5:10	3.7	11:13	0.9	11:04	0.8	7:03	7:11	
20	Mon	5:36	4.8	6:08	3.9			12:12	0.8	7:01	7:12	
21	Tue	6:30	4.9	6:56	4.2	12:06	0.8	1:01	0.7	7:00	7:13	
22	Wed	7:15	5.0	7:37	4.5	1:00	0.6	1:42	0.5	6:58	7:14	
23	Thu	7:56	5.1	8:15	4.8	1:46	0.4	2:17	0.4	6:57	7:15	
24	Fri	8:34	5.1	8:50	5.0	2:28	0.2	2:48	0.2	6:55	7:16	
25	Sat	9:10	5.1	9:24	5.3	3:05	0.1	3:18	0.1	6:53	7:17	
26	Sun	9:45	5.1	9:58	5.5	3:40	0.0	3:48	0.1	6:52	7:18	
27	Mon	10:19	4.9	10:32	5.6	4:15	0.0	4:19	0.0	6:50	7:19	
28	Tue	10:54	4.8	11:07	5.6	4:51	0.0	4:52	0.1	6:49	7:20	
29	Wed	11:31	4.6	11:46	5.6	5:29	0.2	5:28	0.2	6:47	7:21	
30	Thu			12:11	4.4	6:12	0.3	6:09	0.3	6:46	7:21	
31	Fri	12:29	5.6	12:56	4.2	7:01	0.5	6:57	0.4	6:44	7:22	