

































North Highlands Beach, NJ - Jul 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:50	4.6	6:29	6.3	11:58	0.1			5:37	8:29	
2	Wed	6:51	4.8	7:25	6.6	12:57	0.3	12:55	-0.2	5:38	8:29	
3	Thu	7:51	4.9	8:21	6.9	1:55	0.0	1:52	-0.4	5:38	8:29	
4	Fri	8:49	5.2	9:16	7.1	2:51	-0.3	2:48	-0.5	5:39	8:29	
5	Sat	9:45	5.4	10:10	7.1	3:43	-0.6	3:43	-0.6	5:39	8:28	
6	Sun	10:40	5.5	11:03	7.0	4:34	-0.7	4:37	-0.6	5:40	8:28	
7	Mon	11:35	5.6	11:56	6.6	5:24	-0.6	5:33	-0.4	5:41	8:28	
8	Tue			12:30	5.7	6:16	-0.5	6:31	-0.1	5:41	8:28	
9	Wed	12:50	6.2	1:25	5.7	7:09	-0.3	7:33	0.2	5:42	8:27	
10	Thu	1:43	5.8	2:21	5.7	8:02	-0.1	8:36	0.5	5:43	8:27	
11	Fri	2:38	5.3	3:19	5.6	8:54	0.1	9:40	0.7	5:43	8:27	
12	Sat	3:37	4.9	4:20	5.6	9:47	0.4	10:46	0.9	5:44	8:26	
13	Sun	4:39	4.6	5:19	5.6	10:41	0.5	11:49	1.0	5:45	8:26	
14	Mon	5:38	4.4	6:11	5.6	11:34	0.6			5:45	8:25	
15	Tue	6:31	4.4	6:59	5.7	12:47	0.9	12:25	0.7	5:46	8:25	
16	Wed	7:20	4.4	7:43	5.8	1:39	0.8	1:13	0.6	5:47	8:24	
17	Thu	8:06	4.5	8:25	5.9	2:24	0.7	1:58	0.6	5:48	8:23	
18	Fri	8:48	4.6	9:04	6.0	3:03	0.6	2:40	0.5	5:48	8:23	
19	Sat	9:28	4.7	9:41	6.0	3:38	0.5	3:20	0.5	5:49	8:22	
20	Sun	10:06	4.8	10:18	6.0	4:10	0.5	3:58	0.4	5:50	8:22	
21	Mon	10:43	4.9	10:53	5.9	4:42	0.4	4:35	0.5	5:51	8:21	
22	Tue	11:21	5.0	11:30	5.7	5:15	0.4	5:15	0.6	5:52	8:20	
23	Wed	11:59	5.1			5:50	0.4	5:56	0.7	5:52	8:19	
24	Thu	12:07	5.5	12:39	5.2	6:27	0.5	6:42	0.8	5:53	8:19	
25	Fri	12:46	5.3	1:22	5.3	7:08	0.5	7:32	0.9	5:54	8:18	
26	Sat	1:29	5.1	2:09	5.4	7:52	0.5	8:27	0.9	5:55	8:17	
27	Sun	2:17	4.9	3:01	5.6	8:40	0.4	9:25	0.9	5:56	8:16	
28	Mon	3:13	4.7	4:02	5.8	9:34	0.4	10:28	0.9	5:57	8:15	
29	Tue	4:19	4.6	5:06	6.1	10:32	0.3	11:33	0.7	5:57	8:14	
30	Wed	5:28	4.7	6:09	6.4	11:34	0.2			5:58	8:13	
31	Thu	6:33	4.9	7:08	6.7	12:36	0.4	12:36	0.0	5:59	8:12	