



North Highlands Beach, NJ - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:16	6.2	8:40	4.7	1:50	-0.8	2:38	-0.8	7:18	4:48	☀
2	Sun	9:04	6.3	9:28	4.8	2:38	-0.9	3:26	-0.9	7:18	4:49	☀
3	Mon	9:52	6.3	10:16	4.9	3:26	-1.0	4:08	-1.0	7:18	4:50	☀
4	Tue	10:40	6.1	11:10	5.0	4:14	-0.9	4:56	-1.0	7:18	4:51	☀
5	Wed	11:28	5.8			5:08	-0.8	5:50	-0.9	7:18	4:51	☀
6	Thu	12:04	5.0	12:22	5.4	6:08	-0.5	6:44	-0.8	7:18	4:52	☀
7	Fri	12:58	5.0	1:22	5.0	7:14	-0.3	7:38	-0.6	7:18	4:53	☀
8	Sat	2:04	5.0	2:22	4.6	8:20	-0.1	8:38	-0.5	7:18	4:54	☀
9	Sun	3:10	5.1	3:34	4.3	9:26	0.0	9:38	-0.4	7:18	4:55	☀
10	Mon	4:16	5.2	4:40	4.2	10:38	0.0	10:38	-0.4	7:18	4:56	☀
11	Tue	5:16	5.4	5:40	4.2	11:44	-0.1	11:38	-0.4	7:18	4:57	☀
12	Wed	6:10	5.5	6:34	4.2			12:44	-0.2	7:17	4:58	☀
13	Thu	7:04	5.6	7:22	4.3	12:32	-0.5	1:32	-0.4	7:17	4:59	☀
14	Fri	7:46	5.7	8:10	4.4	1:20	-0.6	2:14	-0.5	7:17	5:00	☀
15	Sat	8:28	5.7	8:52	4.4	2:02	-0.6	2:56	-0.5	7:16	5:01	☀
16	Sun	9:04	5.6	9:28	4.4	2:44	-0.6	3:32	-0.5	7:16	5:03	☀
17	Mon	9:46	5.4	10:10	4.4	3:26	-0.5	4:08	-0.4	7:15	5:04	☀
18	Tue	10:22	5.2	10:46	4.4	4:02	-0.3	4:44	-0.3	7:15	5:05	☀
19	Wed	10:58	5.0	11:22	4.3	4:44	-0.1	5:20	-0.1	7:14	5:06	☀
20	Thu	11:34	4.7			5:26	0.1	5:56	0.0	7:14	5:07	☀
21	Fri	12:04	4.3	12:16	4.4	6:14	0.3	6:38	0.1	7:13	5:08	☀
22	Sat	12:46	4.3	12:58	4.1	7:02	0.5	7:20	0.2	7:13	5:09	☀
23	Sun	1:34	4.3	1:46	3.9	7:50	0.6	8:08	0.2	7:12	5:10	☀
24	Mon	2:28	4.3	2:40	3.7	8:50	0.7	9:02	0.2	7:11	5:11	☀
25	Tue	3:28	4.5	3:46	3.6	9:50	0.6	9:56	0.1	7:11	5:13	☀
26	Wed	4:28	4.8	4:46	3.7	10:50	0.4	10:50	-0.1	7:10	5:14	☀
27	Thu	5:22	5.1	5:46	4.0	11:44	0.1	11:44	-0.4	7:09	5:15	☀
28	Fri	6:16	5.5	6:34	4.3			12:38	-0.3	7:09	5:16	☀
29	Sat	7:04	5.9	7:28	4.6	12:38	-0.7	1:32	-0.7	7:08	5:17	☀
30	Sun	7:58	6.1	8:16	4.9	1:32	-1.0	2:14	-1.0	7:07	5:18	☀
31	Mon	8:46	6.3	9:10	5.2	2:20	-1.3	3:02	-1.3	7:06	5:20	☀