

































North Highlands Beach, NJ - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:19	5.7	12:54	4.9	6:48	0.3	6:50	0.8	5:38	8:29	
2	Sat	1:01	5.4	1:38	4.8	7:32	0.5	7:41	1.0	5:38	8:29	
3	Sun	1:43	5.1	2:24	4.8	8:15	0.6	8:32	1.2	5:39	8:29	
4	Mon	2:28	4.8	3:13	4.9	8:58	0.8	9:25	1.3	5:39	8:29	
5	Tue	3:18	4.6	4:05	5.0	9:43	0.8	10:21	1.3	5:40	8:28	
6	Wed	4:13	4.4	4:59	5.1	10:30	0.8	11:18	1.2	5:40	8:28	
7	Thu	5:10	4.3	5:50	5.4	11:18	0.8			5:41	8:28	
8	Fri	6:04	4.3	6:38	5.7	12:12	1.1	12:07	0.7	5:42	8:27	
9	Sat	6:55	4.4	7:24	5.9	1:04	0.9	12:55	0.5	5:42	8:27	
10	Sun	7:44	4.6	8:11	6.2	1:52	0.6	1:43	0.3	5:43	8:27	
11	Mon	8:33	4.8	8:56	6.4	2:38	0.3	2:30	0.1	5:44	8:26	
12	Tue	9:20	5.0	9:42	6.6	3:21	0.1	3:17	-0.1	5:44	8:26	
13	Wed	10:07	5.2	10:27	6.6	4:04	-0.2	4:04	-0.2	5:45	8:25	
14	Thu	10:55	5.4	11:14	6.5	4:48	-0.3	4:52	-0.2	5:46	8:25	
15	Fri	11:44	5.5			5:34	-0.4	5:44	-0.1	5:46	8:24	
16	Sat	12:03	6.4	12:36	5.7	6:23	-0.3	6:40	0.0	5:47	8:24	
17	Sun	12:55	6.1	1:30	5.8	7:14	-0.3	7:40	0.2	5:48	8:23	
18	Mon	1:49	5.7	2:27	5.8	8:07	-0.2	8:43	0.4	5:49	8:23	
19	Tue	2:47	5.4	3:28	5.9	9:02	-0.1	9:48	0.5	5:50	8:22	
20	Wed	3:51	5.1	4:34	6.0	9:59	0.1	10:57	0.6	5:50	8:21	
21	Thu	4:59	4.9	5:38	6.1	10:59	0.1			5:51	8:20	
22	Fri	6:03	4.8	6:36	6.3	12:04	0.5	11:58 AM	0.2	5:52	8:20	
23	Sat	7:02	4.8	7:31	6.4	1:06	0.4	12:56	0.1	5:53	8:19	
24	Sun	7:57	4.9	8:21	6.4	2:03	0.3	1:50	0.1	5:54	8:18	
25	Mon	8:48	5.0	9:08	6.4	2:53	0.2	2:41	0.1	5:54	8:17	
26	Tue	9:34	5.1	9:51	6.3	3:36	0.1	3:27	0.1	5:55	8:16	
27	Wed	10:16	5.2	10:30	6.1	4:16	0.1	4:10	0.2	5:56	8:16	
28	Thu	10:57	5.2	11:08	5.9	4:53	0.2	4:51	0.4	5:57	8:15	
29	Fri	11:36	5.2	11:46	5.7	5:30	0.3	5:33	0.6	5:58	8:14	
30	Sat			12:16	5.2	6:08	0.5	6:17	0.8	5:59	8:13	
31	Sun	12:25	5.4	12:57	5.2	6:47	0.6	7:03	1.0	6:00	8:12	