

































North Highlands Beach, NJ - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:05	5.2	1:39	5.1	7:28	0.8	7:51	1.2	6:01	8:11	
2	Tue	1:47	4.9	2:24	5.1	8:10	0.9	8:42	1.3	6:01	8:10	
3	Wed	2:32	4.6	3:14	5.2	8:54	1.0	9:35	1.4	6:02	8:09	
4	Thu	3:25	4.4	4:10	5.3	9:42	1.0	10:33	1.4	6:03	8:08	
5	Fri	4:24	4.3	5:07	5.5	10:33	1.0	11:30	1.3	6:04	8:06	
6	Sat	5:24	4.4	6:01	5.7	11:27	0.8			6:05	8:05	
7	Sun	6:20	4.6	6:52	6.0	12:25	1.0	12:21	0.6	6:06	8:04	
8	Mon	7:13	4.8	7:41	6.3	1:17	0.7	1:14	0.4	6:07	8:03	
9	Tue	8:04	5.1	8:30	6.6	2:06	0.4	2:06	0.1	6:08	8:02	
10	Wed	8:54	5.5	9:19	6.8	2:53	0.0	2:57	-0.2	6:09	8:01	
11	Thu	9:44	5.8	10:07	6.8	3:38	-0.2	3:47	-0.3	6:10	7:59	
12	Fri	10:33	6.0	10:55	6.7	4:23	-0.4	4:37	-0.4	6:11	7:58	
13	Sat	11:23	6.2	11:46	6.5	5:09	-0.4	5:29	-0.3	6:11	7:57	
14	Sun			12:15	6.3	5:58	-0.4	6:26	0.0	6:12	7:55	
15	Mon	12:38	6.1	1:10	6.3	6:49	-0.2	7:26	0.2	6:13	7:54	
16	Tue	1:33	5.7	2:07	6.3	7:44	0.0	8:29	0.5	6:14	7:53	
17	Wed	2:32	5.4	3:09	6.2	8:41	0.2	9:36	0.7	6:15	7:52	
18	Thu	3:37	5.0	4:16	6.1	9:40	0.4	10:46	0.8	6:16	7:50	
19	Fri	4:47	4.9	5:23	6.1	10:43	0.5	11:53	0.8	6:17	7:49	
20	Sat	5:52	4.9	6:22	6.2	11:45	0.6			6:18	7:47	
21	Sun	6:50	5.0	7:16	6.2	12:53	0.7	12:44	0.6	6:19	7:46	
22	Mon	7:41	5.1	8:04	6.2	1:46	0.6	1:38	0.5	6:20	7:45	
23	Tue	8:28	5.3	8:48	6.2	2:32	0.5	2:26	0.4	6:21	7:43	
24	Wed	9:10	5.4	9:27	6.1	3:12	0.5	3:10	0.4	6:21	7:42	
25	Thu	9:49	5.5	10:03	6.0	3:48	0.4	3:50	0.4	6:22	7:40	
26	Fri	10:25	5.6	10:39	5.9	4:21	0.5	4:28	0.5	6:23	7:39	
27	Sat	11:02	5.6	11:14	5.7	4:54	0.5	5:06	0.7	6:24	7:37	
28	Sun	11:39	5.6	11:51	5.4	5:28	0.7	5:45	0.8	6:25	7:36	
29	Mon			12:17	5.6	6:04	0.8	6:28	1.0	6:26	7:34	
30	Tue	12:30	5.2	12:58	5.5	6:42	0.9	7:14	1.2	6:27	7:33	
31	Wed	1:11	4.9	1:42	5.5	7:24	1.1	8:03	1.4	6:28	7:31	