































North Highlands Beach, NJ - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:03	4.1	6:09	0.5	6:15	0.4	6:31	5:52	
2	Mon	12:30	4.7	12:45	3.8	6:58	0.7	6:57	0.6	6:30	5:53	
3	Tue	1:17	4.6	1:33	3.5	7:51	0.9	7:45	0.8	6:29	5:54	
4	Wed	2:12	4.5	2:34	3.3	8:51	1.1	8:40	0.8	6:27	5:55	
5	Thu	3:17	4.6	3:45	3.3	9:56	1.0	9:41	0.8	6:26	5:56	
6	Fri	4:23	4.8	4:50	3.5	10:58	0.9	10:43	0.6	6:24	5:57	
7	Sat	5:20	5.0	5:45	3.8	11:51	0.6	11:40	0.3	6:23	5:58	
8	Sun	7:11	5.4	7:34	4.3			1:38	0.2	7:21	6:59	
9	Mon	7:59	5.7	8:20	4.7	1:34	-0.1	2:21	-0.1	7:19	7:00	
10	Tue	8:45	5.9	9:05	5.2	2:24	-0.5	3:02	-0.5	7:18	7:01	
11	Wed	9:29	6.0	9:49	5.6	3:13	-0.8	3:42	-0.7	7:16	7:02	
12	Thu	10:14	5.9	10:33	5.9	4:00	-1.0	4:23	-0.9	7:15	7:03	
13	Fri	10:59	5.7	11:20	6.1	4:48	-1.0	5:05	-0.9	7:13	7:04	
14	Sat	11:46	5.3			5:39	-0.8	5:50	-0.7	7:12	7:05	
15	Sun	12:09	6.1	12:37	4.9	6:34	-0.5	6:40	-0.4	7:10	7:06	
16	Mon	1:02	6.0	1:33	4.4	7:34	-0.1	7:34	-0.1	7:09	7:07	
17	Tue	2:01	5.7	2:35	4.1	8:40	0.2	8:35	0.2	7:07	7:08	
18	Wed	3:08	5.5	3:50	3.8	9:53	0.5	9:42	0.4	7:06	7:09	
19	Thu	4:26	5.3	5:10	3.9	11:10	0.6	10:55	0.5	7:04	7:10	
20	Fri	5:40	5.3	6:17	4.1			12:18	0.5	7:02	7:11	
21	Sat	6:42	5.4	7:12	4.4	12:06	0.4	1:15	0.3	7:01	7:12	
22	Sun	7:35	5.4	8:00	4.7	1:08	0.2	2:03	0.2	6:59	7:13	
23	Mon	8:21	5.4	8:42	5.0	2:02	0.1	2:43	0.1	6:58	7:14	
24	Tue	9:01	5.4	9:19	5.2	2:48	-0.1	3:17	0.0	6:56	7:15	
25	Wed	9:37	5.3	9:54	5.4	3:28	-0.2	3:48	0.0	6:54	7:16	
26	Thu	10:11	5.1	10:27	5.5	4:05	-0.1	4:18	0.0	6:53	7:17	
27	Fri	10:44	4.9	11:00	5.5	4:41	-0.1	4:48	0.1	6:51	7:18	
28	Sat	11:18	4.7	11:34	5.4	5:17	0.1	5:20	0.3	6:50	7:19	
29	Sun	11:53	4.4			5:56	0.3	5:54	0.5	6:48	7:20	
30	Mon	12:12	5.3	12:31	4.1	6:38	0.6	6:32	0.7	6:47	7:21	
31	Tue	12:52	5.2	1:13	3.9	7:24	0.8	7:15	0.9	6:45	7:22	