

































North Highlands Beach, NJ - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:59	5.3	2:31	4.0	8:39	1.0	8:32	1.1	6:01	7:52	
2	Sat	2:54	5.2	3:32	4.1	9:32	0.9	9:34	1.0	6:00	7:53	
3	Sun	3:56	5.2	4:36	4.5	10:27	0.8	10:39	0.8	5:59	7:54	
4	Mon	4:59	5.2	5:35	4.9	11:21	0.5	11:43	0.5	5:57	7:55	
5	Tue	5:57	5.3	6:28	5.5			12:12	0.2	5:56	7:56	
6	Wed	6:51	5.4	7:19	6.1	12:43	0.2	1:02	-0.1	5:55	7:57	
7	Thu	7:45	5.5	8:09	6.6	1:41	-0.2	1:51	-0.4	5:54	7:58	
8	Fri	8:38	5.4	9:00	6.9	2:37	-0.5	2:39	-0.5	5:53	7:59	
9	Sat	9:30	5.4	9:50	7.1	3:30	-0.7	3:27	-0.6	5:52	8:00	
10	Sun	10:23	5.2	10:42	7.1	4:22	-0.7	4:16	-0.5	5:51	8:01	
11	Mon	11:17	5.0	11:36	6.8	5:15	-0.5	5:06	-0.3	5:50	8:01	
12	Tue			12:14	4.8	6:12	-0.2	6:01	0.0	5:49	8:02	
13	Wed	12:33	6.5	1:13	4.6	7:12	0.1	7:01	0.4	5:48	8:03	
14	Thu	1:32	6.1	2:15	4.5	8:15	0.3	8:06	0.7	5:47	8:04	
15	Fri	2:33	5.7	3:20	4.5	9:17	0.5	9:14	0.9	5:46	8:05	
16	Sat	3:38	5.3	4:26	4.6	10:17	0.6	10:24	1.0	5:45	8:06	
17	Sun	4:43	5.0	5:25	4.8	11:12	0.7	11:30	1.0	5:45	8:07	
18	Mon	5:40	4.9	6:15	5.1			12:00	0.7	5:44	8:08	
19	Tue	6:30	4.8	6:58	5.3	12:28	0.9	12:42	0.6	5:43	8:09	
20	Wed	7:14	4.7	7:38	5.5	1:19	0.8	1:21	0.6	5:42	8:10	
21	Thu	7:56	4.6	8:15	5.7	2:05	0.6	1:58	0.6	5:41	8:10	
22	Fri	8:36	4.5	8:52	5.9	2:47	0.5	2:33	0.5	5:41	8:11	
23	Sat	9:14	4.5	9:28	6.0	3:25	0.4	3:08	0.5	5:40	8:12	
24	Sun	9:52	4.4	10:05	6.0	4:01	0.4	3:42	0.6	5:39	8:13	
25	Mon	10:30	4.3	10:43	6.0	4:36	0.4	4:17	0.6	5:39	8:14	
26	Tue	11:08	4.2	11:22	5.9	5:13	0.5	4:54	0.7	5:38	8:15	
27	Wed	11:49	4.2			5:53	0.6	5:35	0.8	5:38	8:15	
28	Thu	12:03	5.8	12:32	4.1	6:36	0.7	6:21	0.9	5:37	8:16	
29	Fri	12:47	5.6	1:19	4.2	7:22	0.7	7:13	0.9	5:37	8:17	
30	Sat	1:34	5.5	2:08	4.4	8:09	0.7	8:09	0.9	5:36	8:18	
31	Sun	2:24	5.4	3:03	4.6	8:58	0.6	9:10	0.9	5:36	8:18	