



North Highlands Beach, NJ - Jan 2024

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 9:08 | 5.6 | 9:28 | 3.9 | 2:41 | -0.1 | 3:36 | 0.0 | 7:18 | 4:47 | ☀ |
| 2 | Sat | 9:45 | 5.5 | 10:05 | 3.9 | 3:18 | -0.1 | 4:10 | 0.0 | 7:18 | 4:48 | ☀ |
| 3 | Sun | 10:22 | 5.4 | 10:45 | 4.0 | 3:57 | -0.1 | 4:47 | 0.0 | 7:18 | 4:49 | ☀ |
| 4 | Mon | 11:01 | 5.2 | 11:26 | 4.1 | 4:38 | 0.0 | 5:25 | -0.1 | 7:18 | 4:50 | ☀ |
| 5 | Tue | 11:42 | 5.0 | | | 5:25 | 0.1 | 6:07 | -0.1 | 7:18 | 4:51 | ☀ |
| 6 | Wed | 12:10 | 4.3 | 12:25 | 4.8 | 6:17 | 0.2 | 6:51 | -0.1 | 7:18 | 4:52 | ☀ |
| 7 | Thu | 12:59 | 4.4 | 1:14 | 4.5 | 7:13 | 0.3 | 7:39 | -0.2 | 7:18 | 4:53 | ☀ |
| 8 | Fri | 1:53 | 4.7 | 2:10 | 4.2 | 8:15 | 0.3 | 8:31 | -0.2 | 7:18 | 4:54 | ☀ |
| 9 | Sat | 2:54 | 4.9 | 3:16 | 3.9 | 9:22 | 0.3 | 9:28 | -0.3 | 7:18 | 4:55 | ☀ |
| 10 | Sun | 4:00 | 5.2 | 4:26 | 3.9 | 10:31 | 0.1 | 10:28 | -0.4 | 7:18 | 4:56 | ☀ |
| 11 | Mon | 5:04 | 5.6 | 5:32 | 3.9 | 11:39 | -0.1 | 11:28 | -0.6 | 7:18 | 4:57 | ☀ |
| 12 | Tue | 6:04 | 5.9 | 6:34 | 4.1 | | | 12:42 | -0.4 | 7:17 | 4:58 | ☀ |
| 13 | Wed | 7:03 | 6.2 | 7:33 | 4.2 | 12:28 | -0.8 | 1:40 | -0.7 | 7:17 | 4:59 | ☀ |
| 14 | Thu | 7:59 | 6.4 | 8:28 | 4.4 | 1:26 | -1.0 | 2:33 | -0.9 | 7:17 | 5:00 | ☀ |
| 15 | Fri | 8:52 | 6.4 | 9:20 | 4.6 | 2:21 | -1.1 | 3:22 | -0.9 | 7:17 | 5:01 | ☀ |
| 16 | Sat | 9:42 | 6.2 | 10:11 | 4.7 | 3:13 | -1.1 | 4:08 | -0.9 | 7:16 | 5:02 | ☀ |
| 17 | Sun | 10:31 | 5.9 | 11:01 | 4.7 | 4:05 | -0.9 | 4:55 | -0.8 | 7:16 | 5:03 | ☀ |
| 18 | Mon | 11:19 | 5.5 | 11:50 | 4.7 | 4:58 | -0.6 | 5:42 | -0.6 | 7:15 | 5:04 | ☀ |
| 19 | Tue | | | 12:06 | 5.0 | 5:53 | -0.3 | 6:29 | -0.3 | 7:15 | 5:05 | ☀ |
| 20 | Wed | 12:40 | 4.7 | 12:53 | 4.5 | 6:49 | 0.1 | 7:16 | -0.1 | 7:14 | 5:06 | ☀ |
| 21 | Thu | 1:30 | 4.6 | 1:42 | 4.0 | 7:48 | 0.4 | 8:03 | 0.1 | 7:14 | 5:07 | ☀ |
| 22 | Fri | 2:24 | 4.5 | 2:37 | 3.6 | 8:49 | 0.6 | 8:52 | 0.3 | 7:13 | 5:08 | ☀ |
| 23 | Sat | 3:23 | 4.5 | 3:39 | 3.4 | 9:54 | 0.7 | 9:44 | 0.4 | 7:13 | 5:10 | ☀ |
| 24 | Sun | 4:20 | 4.5 | 4:40 | 3.3 | 10:58 | 0.7 | 10:37 | 0.4 | 7:12 | 5:11 | ☀ |
| 25 | Mon | 5:13 | 4.7 | 5:34 | 3.3 | 11:55 | 0.6 | 11:28 | 0.4 | 7:11 | 5:12 | ☀ |
| 26 | Tue | 6:01 | 4.9 | 6:22 | 3.4 | | | 12:45 | 0.4 | 7:11 | 5:13 | ☀ |
| 27 | Wed | 6:46 | 5.1 | 7:07 | 3.6 | 12:16 | 0.2 | 1:28 | 0.2 | 7:10 | 5:14 | ☀ |
| 28 | Thu | 7:29 | 5.3 | 7:49 | 3.8 | 1:01 | 0.0 | 2:05 | 0.0 | 7:09 | 5:15 | ☀ |
| 29 | Fri | 8:09 | 5.4 | 8:27 | 4.0 | 1:43 | -0.2 | 2:38 | -0.1 | 7:08 | 5:16 | ☀ |
| 30 | Sat | 8:46 | 5.5 | 9:04 | 4.2 | 2:22 | -0.3 | 3:09 | -0.3 | 7:07 | 5:18 | ☀ |
| 31 | Sun | 9:23 | 5.5 | 9:41 | 4.3 | 3:00 | -0.4 | 3:42 | -0.4 | 7:07 | 5:19 | ☀ |