



## North Highlands Beach, NJ - Mar 2024

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Tue | 9:34  | 5.4 | 9:52  | 5.3 | 3:21  | -0.6 | 3:43  | -0.5 | 6:30  | 5:53 | ☀   |
| 2    | Wed | 10:13 | 5.2 | 10:33 | 5.5 | 4:03  | -0.5 | 4:21  | -0.5 | 6:29  | 5:54 | ☀   |
| 3    | Thu | 10:55 | 4.9 | 11:18 | 5.6 | 4:50  | -0.4 | 5:02  | -0.5 | 6:27  | 5:55 | ☀   |
| 4    | Fri | 11:41 | 4.6 |       |     | 5:41  | -0.2 | 5:49  | -0.3 | 6:26  | 5:56 | ☀   |
| 5    | Sat | 12:08 | 5.5 | 12:33 | 4.2 | 6:39  | 0.0  | 6:41  | -0.1 | 6:24  | 5:57 | ☀   |
| 6    | Sun | 1:04  | 5.5 | 1:33  | 3.9 | 7:42  | 0.3  | 7:40  | 0.1  | 6:23  | 5:58 | ☀   |
| 7    | Mon | 2:10  | 5.3 | 2:48  | 3.7 | 8:53  | 0.4  | 8:47  | 0.2  | 6:21  | 5:59 | ☀   |
| 8    | Tue | 3:28  | 5.3 | 4:10  | 3.8 | 10:09 | 0.4  | 9:59  | 0.2  | 6:20  | 6:00 | ☀   |
| 9    | Wed | 4:43  | 5.4 | 5:19  | 4.1 | 11:19 | 0.3  | 11:09 | 0.0  | 6:18  | 6:01 | ☀   |
| 10   | Thu | 5:48  | 5.6 | 6:19  | 4.5 |       |      | 12:20 | 0.0  | 6:17  | 6:02 | ☀   |
| 11   | Fri | 6:44  | 5.8 | 7:11  | 4.9 | 12:14 | -0.2 | 1:11  | -0.2 | 6:15  | 6:03 | ☀   |
| 12   | Sat | 7:35  | 5.8 | 7:58  | 5.3 | 1:12  | -0.5 | 1:56  | -0.4 | 6:14  | 6:04 | ☀   |
| 13   | Sun | 9:21  | 5.8 | 9:41  | 5.5 | 3:03  | -0.7 | 3:36  | -0.5 | 7:12  | 7:05 | ☀   |
| 14   | Mon | 10:03 | 5.6 | 10:22 | 5.6 | 3:50  | -0.7 | 4:12  | -0.5 | 7:11  | 7:06 | ☀   |
| 15   | Tue | 10:42 | 5.3 | 11:01 | 5.6 | 4:33  | -0.6 | 4:48  | -0.4 | 7:09  | 7:07 | ☀   |
| 16   | Wed | 11:20 | 5.0 | 11:39 | 5.5 | 5:15  | -0.3 | 5:24  | -0.2 | 7:07  | 7:08 | ☀   |
| 17   | Thu | 11:58 | 4.6 |       |     | 5:57  | 0.0  | 6:01  | 0.1  | 7:06  | 7:09 | ☀   |
| 18   | Fri | 12:18 | 5.4 | 12:37 | 4.3 | 6:42  | 0.3  | 6:41  | 0.4  | 7:04  | 7:10 | ☀   |
| 19   | Sat | 12:59 | 5.2 | 1:19  | 4.0 | 7:30  | 0.6  | 7:25  | 0.7  | 7:03  | 7:11 | ☀   |
| 20   | Sun | 1:44  | 4.9 | 2:06  | 3.7 | 8:22  | 0.9  | 8:13  | 0.9  | 7:01  | 7:12 | ☀   |
| 21   | Mon | 2:36  | 4.7 | 3:02  | 3.5 | 9:20  | 1.1  | 9:08  | 1.1  | 7:00  | 7:13 | ☀   |
| 22   | Tue | 3:37  | 4.6 | 4:11  | 3.4 | 10:23 | 1.2  | 10:09 | 1.1  | 6:58  | 7:14 | ☀   |
| 23   | Wed | 4:44  | 4.7 | 5:18  | 3.6 | 11:25 | 1.1  | 11:12 | 1.0  | 6:56  | 7:15 | ☀   |
| 24   | Thu | 5:45  | 4.8 | 6:13  | 3.9 |       |      | 12:18 | 1.0  | 6:55  | 7:16 | ☀   |
| 25   | Fri | 6:36  | 5.0 | 7:00  | 4.3 | 12:10 | 0.8  | 1:03  | 0.7  | 6:53  | 7:17 | ☀   |
| 26   | Sat | 7:22  | 5.2 | 7:43  | 4.7 | 1:02  | 0.5  | 1:42  | 0.4  | 6:52  | 7:18 | ☀   |
| 27   | Sun | 8:05  | 5.4 | 8:24  | 5.2 | 1:50  | 0.2  | 2:20  | 0.1  | 6:50  | 7:19 | ☀   |
| 28   | Mon | 8:47  | 5.5 | 9:04  | 5.6 | 2:35  | -0.2 | 2:56  | -0.2 | 6:49  | 7:20 | ☀   |
| 29   | Tue | 9:28  | 5.5 | 9:45  | 5.9 | 3:19  | -0.4 | 3:33  | -0.4 | 6:47  | 7:21 | ☀   |
| 30   | Wed | 10:09 | 5.4 | 10:26 | 6.2 | 4:03  | -0.5 | 4:12  | -0.5 | 6:45  | 7:22 | ☀   |
| 31   | Thu | 10:53 | 5.2 | 11:11 | 6.3 | 4:48  | -0.5 | 4:53  | -0.4 | 6:44  | 7:23 | ☀   |