

































North Highlands Beach, NJ - Jan 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:20	6.0	6:48	4.1			12:57	-0.3	7:18	4:48	
2	Mon	7:15	6.3	7:45	4.3	12:44	-0.7	1:52	-0.6	7:18	4:49	
3	Tue	8:10	6.5	8:39	4.5	1:39	-1.0	2:43	-0.9	7:18	4:50	
4	Wed	9:02	6.6	9:32	4.7	2:33	-1.1	3:32	-1.0	7:18	4:51	
5	Thu	9:54	6.5	10:25	4.8	3:26	-1.2	4:21	-1.0	7:18	4:52	
6	Fri	10:46	6.2	11:20	4.9	4:20	-1.0	5:12	-0.9	7:18	4:52	
7	Sat	11:39	5.7			5:17	-0.8	6:03	-0.7	7:18	4:53	
8	Sun	12:14	4.9	12:32	5.2	6:18	-0.4	6:56	-0.5	7:18	4:54	
9	Mon	1:10	4.9	1:27	4.7	7:21	-0.1	7:48	-0.3	7:18	4:55	
10	Tue	2:09	4.9	2:26	4.2	8:27	0.2	8:41	-0.1	7:18	4:56	
11	Wed	3:12	4.9	3:31	3.8	9:36	0.4	9:37	0.0	7:18	4:57	
12	Thu	4:14	4.9	4:35	3.6	10:44	0.4	10:32	0.1	7:17	4:58	
13	Fri	5:10	5.0	5:32	3.5	11:46	0.4	11:25	0.1	7:17	4:59	
14	Sat	6:00	5.1	6:22	3.5			12:40	0.3	7:17	5:00	
15	Sun	6:46	5.2	7:08	3.6	12:15	0.1	1:27	0.2	7:16	5:02	
16	Mon	7:29	5.3	7:49	3.7	1:01	0.0	2:07	0.0	7:16	5:03	
17	Tue	8:08	5.4	8:27	3.9	1:43	-0.1	2:42	-0.1	7:15	5:04	
18	Wed	8:45	5.4	9:03	4.0	2:21	-0.2	3:13	-0.1	7:15	5:05	
19	Thu	9:20	5.4	9:39	4.1	2:58	-0.2	3:44	-0.2	7:14	5:06	
20	Fri	9:55	5.3	10:14	4.1	3:34	-0.2	4:15	-0.1	7:14	5:07	
21	Sat	10:30	5.1	10:50	4.2	4:11	-0.1	4:48	-0.1	7:13	5:08	
22	Sun	11:05	4.8	11:29	4.3	4:51	0.0	5:23	-0.1	7:13	5:09	
23	Mon	11:43	4.6			5:34	0.2	6:01	0.0	7:12	5:10	
24	Tue	12:09	4.4	12:23	4.3	6:23	0.3	6:43	0.0	7:11	5:12	
25	Wed	12:55	4.5	1:09	4.0	7:17	0.4	7:29	0.0	7:11	5:13	
26	Thu	1:47	4.6	2:04	3.7	8:17	0.5	8:22	0.0	7:10	5:14	
27	Fri	2:48	4.8	3:12	3.5	9:23	0.5	9:21	-0.1	7:09	5:15	
28	Sat	3:57	5.1	4:25	3.6	10:32	0.3	10:24	-0.2	7:08	5:16	
29	Sun	5:03	5.4	5:32	3.8	11:39	0.0	11:28	-0.5	7:08	5:17	
30	Mon	6:04	5.8	6:34	4.1			12:40	-0.3	7:07	5:19	
31	Tue	7:02	6.1	7:31	4.5	12:29	-0.8	1:36	-0.7	7:06	5:20	