

































North Highlands Beach, NJ - Mar 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:48	6.0	7:16	5.0	12:18	-0.6	1:15	-0.5	6:31	5:52	
2	Thu	7:42	6.2	8:07	5.4	1:18	-0.9	2:03	-0.8	6:29	5:53	
3	Fri	8:32	6.2	8:55	5.7	2:12	-1.1	2:47	-1.0	6:28	5:54	
4	Sat	9:19	6.0	9:42	5.9	3:03	-1.2	3:30	-1.0	6:26	5:55	
5	Sun	10:04	5.6	10:27	5.9	3:52	-1.1	4:12	-0.8	6:25	5:56	
6	Mon	10:50	5.2	11:14	5.8	4:42	-0.7	4:55	-0.6	6:23	5:58	
7	Tue	11:36	4.7			5:33	-0.3	5:40	-0.2	6:22	5:59	
8	Wed	12:02	5.5	12:23	4.2	6:28	0.1	6:29	0.2	6:20	6:00	
9	Thu	12:51	5.2	1:13	3.8	7:25	0.5	7:20	0.5	6:19	6:01	
10	Fri	1:46	4.9	2:13	3.5	8:28	0.8	8:17	0.8	6:17	6:02	
11	Sat	2:50	4.7	3:24	3.4	9:36	1.0	9:20	0.9	6:16	6:03	
12	Sun	4:58	4.6	5:31	3.5	11:42	1.0	11:25	0.9	7:14	7:04	
13	Mon	5:58	4.7	6:26	3.7			12:38	0.9	7:13	7:05	
14	Tue	6:48	4.9	7:11	4.0	12:23	0.7	1:23	0.7	7:11	7:06	
15	Wed	7:32	5.0	7:52	4.3	1:13	0.5	2:01	0.5	7:09	7:07	
16	Thu	8:12	5.2	8:30	4.6	1:58	0.3	2:34	0.3	7:08	7:08	
17	Fri	8:50	5.3	9:06	5.0	2:38	0.1	3:05	0.1	7:06	7:09	
18	Sat	9:26	5.3	9:40	5.2	3:16	-0.1	3:34	0.0	7:05	7:10	
19	Sun	10:01	5.2	10:15	5.4	3:53	-0.2	4:05	-0.1	7:03	7:11	
20	Mon	10:36	5.0	10:51	5.6	4:30	-0.2	4:38	-0.1	7:02	7:12	
21	Tue	11:13	4.8	11:29	5.7	5:09	-0.1	5:13	-0.1	7:00	7:13	
22	Wed	11:53	4.6			5:52	0.0	5:53	0.0	6:58	7:14	
23	Thu	12:12	5.7	12:38	4.3	6:42	0.2	6:40	0.1	6:57	7:15	
24	Fri	1:01	5.6	1:29	4.1	7:37	0.4	7:34	0.3	6:55	7:16	
25	Sat	1:57	5.5	2:30	3.9	8:39	0.5	8:35	0.4	6:54	7:16	
26	Sun	3:02	5.4	3:44	3.9	9:46	0.6	9:43	0.4	6:52	7:17	
27	Mon	4:18	5.4	5:02	4.1	10:56	0.5	10:55	0.3	6:51	7:18	
28	Tue	5:31	5.5	6:08	4.6			12:01	0.3	6:49	7:19	
29	Wed	6:34	5.7	7:06	5.1	12:05	0.0	12:58	0.0	6:47	7:20	
30	Thu	7:31	5.8	7:58	5.6	1:09	-0.3	1:49	-0.3	6:46	7:21	
31	Fri	8:23	5.9	8:47	6.0	2:08	-0.6	2:36	-0.5	6:44	7:22	