

































North Highlands Beach, NJ - Jul 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:57	4.4	11:09	5.9	5:03	0.5	4:46	0.6	5:38	8:29	
2	Sun	11:36	4.5	11:47	5.7	5:38	0.5	5:26	0.7	5:38	8:29	
3	Mon			12:15	4.5	6:15	0.6	6:09	0.9	5:39	8:29	
4	Tue	12:26	5.5	12:55	4.6	6:53	0.7	6:54	1.0	5:39	8:29	
5	Wed	1:05	5.2	1:36	4.7	7:31	0.7	7:43	1.2	5:40	8:28	
6	Thu	1:46	5.0	2:20	4.8	8:10	0.7	8:34	1.2	5:40	8:28	
7	Fri	2:29	4.7	3:08	5.0	8:51	0.7	9:29	1.3	5:41	8:28	
8	Sat	3:19	4.4	4:01	5.2	9:37	0.7	10:28	1.2	5:42	8:27	
9	Sun	4:17	4.3	4:59	5.5	10:27	0.6	11:30	1.1	5:42	8:27	
10	Mon	5:19	4.2	5:56	5.9	11:21	0.5			5:43	8:27	
11	Tue	6:20	4.3	6:51	6.2	12:30	0.8	12:17	0.3	5:44	8:26	
12	Wed	7:18	4.4	7:47	6.6	1:29	0.5	1:14	0.1	5:44	8:26	
13	Thu	8:16	4.6	8:42	6.8	2:25	0.2	2:11	-0.1	5:45	8:25	
14	Fri	9:13	4.9	9:36	7.0	3:17	-0.1	3:06	-0.3	5:46	8:25	
15	Sat	10:07	5.2	10:28	7.0	4:07	-0.3	4:00	-0.4	5:47	8:24	
16	Sun	11:00	5.4	11:20	6.8	4:55	-0.4	4:54	-0.4	5:47	8:24	
17	Mon	11:54	5.6			5:44	-0.4	5:51	-0.2	5:48	8:23	
18	Tue	12:13	6.5	12:48	5.8	6:34	-0.3	6:51	0.0	5:49	8:23	
19	Wed	1:05	6.0	1:43	5.8	7:26	-0.1	7:53	0.3	5:50	8:22	
20	Thu	1:59	5.5	2:39	5.9	8:17	0.1	8:57	0.6	5:50	8:21	
21	Fri	2:56	5.0	3:38	5.8	9:10	0.3	10:04	0.8	5:51	8:20	
22	Sat	3:58	4.6	4:41	5.8	10:04	0.5	11:12	0.9	5:52	8:20	
23	Sun	5:04	4.3	5:41	5.8	11:00	0.6			5:53	8:19	
24	Mon	6:05	4.2	6:35	5.9	12:17	1.0	11:56 AM	0.7	5:54	8:18	
25	Tue	7:00	4.2	7:25	5.9	1:15	0.9	12:50	0.8	5:55	8:17	
26	Wed	7:50	4.3	8:11	6.0	2:07	0.8	1:40	0.7	5:55	8:16	
27	Thu	8:34	4.4	8:53	6.0	2:51	0.7	2:26	0.7	5:56	8:15	
28	Fri	9:15	4.5	9:31	6.0	3:28	0.7	3:08	0.6	5:57	8:15	
29	Sat	9:53	4.7	10:07	6.0	4:02	0.6	3:47	0.6	5:58	8:14	
30	Sun	10:29	4.8	10:43	5.9	4:33	0.6	4:24	0.6	5:59	8:13	
31	Mon	11:05	4.9	11:18	5.7	5:04	0.6	5:01	0.7	6:00	8:12	