

































## North Highlands Beach, NJ - Jan 2046

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:30	5.2	3:52	4.1	9:51	0.2	9:55	-0.2	7:18	4:48	
2	Tue	4:34	5.4	4:57	3.9	11:01	0.2	10:53	-0.2	7:18	4:49	
3	Wed	5:32	5.5	5:55	3.9			12:04	0.1	7:18	4:50	
4	Thu	6:25	5.6	6:49	3.9			1:01	0.0	7:18	4:50	
5	Fri	7:14	5.7	7:38	3.9	12:41	-0.3	1:50	-0.1	7:18	4:51	
6	Sat	7:59	5.7	8:22	4.0	1:29	-0.3	2:32	-0.2	7:18	4:52	
7	Sun	8:40	5.7	9:02	4.0	2:14	-0.3	3:10	-0.2	7:18	4:53	
8	Mon	9:19	5.5	9:40	4.1	2:54	-0.3	3:45	-0.2	7:18	4:54	
9	Tue	9:55	5.4	10:17	4.1	3:33	-0.2	4:20	-0.2	7:18	4:55	
10	Wed	10:32	5.2	10:55	4.1	4:12	-0.1	4:55	-0.1	7:18	4:56	
11	Thu	11:09	4.9	11:34	4.1	4:53	0.1	5:32	0.0	7:18	4:57	
12	Fri	11:47	4.6			5:37	0.3	6:09	0.1	7:17	4:58	
13	Sat	12:14	4.2	12:27	4.3	6:24	0.5	6:49	0.2	7:17	4:59	
14	Sun	12:58	4.2	1:10	4.0	7:14	0.7	7:31	0.3	7:17	5:00	
15	Mon	1:45	4.3	1:59	3.7	8:09	0.8	8:16	0.3	7:16	5:01	
16	Tue	2:40	4.4	2:58	3.5	9:09	0.8	9:07	0.3	7:16	5:02	
17	Wed	3:41	4.6	4:03	3.4	10:12	0.7	10:03	0.1	7:16	5:03	
18	Thu	4:41	4.9	5:04	3.5	11:14	0.5	11:00	-0.1	7:15	5:05	
19	Fri	5:36	5.3	6:01	3.7			12:12	0.1	7:15	5:06	
20	Sat	6:29	5.7	6:56	4.0			1:05	-0.2	7:14	5:07	
21	Sun	7:21	6.0	7:48	4.3	12:51	-0.7	1:54	-0.6	7:13	5:08	
22	Mon	8:12	6.2	8:38	4.7	1:44	-1.0	2:40	-0.9	7:13	5:09	
23	Tue	9:00	6.3	9:28	5.0	2:35	-1.2	3:24	-1.1	7:12	5:10	
24	Wed	9:49	6.2	10:17	5.2	3:26	-1.3	4:10	-1.2	7:12	5:11	
25	Thu	10:38	5.9	11:09	5.3	4:18	-1.2	4:57	-1.1	7:11	5:12	
26	Fri	11:29	5.5			5:14	-0.9	5:46	-0.9	7:10	5:14	
27	Sat	12:02	5.3	12:21	5.0	6:13	-0.6	6:37	-0.7	7:09	5:15	
28	Sun	12:57	5.3	1:17	4.4	7:16	-0.3	7:31	-0.5	7:09	5:16	
29	Mon	1:57	5.2	2:19	4.0	8:22	0.0	8:28	-0.2	7:08	5:17	
30	Tue	3:04	5.1	3:30	3.6	9:35	0.3	9:29	0.0	7:07	5:18	
31	Wed	4:13	5.1	4:41	3.5	10:48	0.3	10:33	0.1	7:06	5:19	