

North Highlands Beach, NJ - Jan 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:23	5.5	7:46	4.1	12:57	-0.2	1:55	-0.1	7:18	4:47	
2	Sun	8:04	5.7	8:28	4.2	1:39	-0.4	2:34	-0.3	7:18	4:48	
3	Mon	8:45	5.9	9:11	4.3	2:20	-0.5	3:13	-0.4	7:18	4:49	
4	Tue	9:27	5.9	9:54	4.3	3:02	-0.6	3:53	-0.5	7:18	4:50	
5	Wed	10:10	5.9	10:40	4.4	3:46	-0.6	4:37	-0.6	7:18	4:51	
6	Thu	10:56	5.8	11:29	4.5	4:34	-0.5	5:24	-0.6	7:18	4:52	
7	Fri	11:45	5.6			5:26	-0.4	6:14	-0.5	7:18	4:53	
8	Sat	12:22	4.6	12:37	5.3	6:24	-0.3	7:06	-0.5	7:18	4:54	
9	Sun	1:18	4.7	1:33	4.9	7:26	-0.1	8:01	-0.5	7:18	4:55	
10	Mon	2:19	4.8	2:37	4.6	8:31	-0.1	8:58	-0.5	7:18	4:56	
11	Tue	3:26	5.1	3:46	4.4	9:40	0.0	9:57	-0.5	7:18	4:57	
12	Wed	4:30	5.3	4:53	4.3	10:49	-0.1	10:55	-0.5	7:17	4:58	
13	Thu	5:30	5.6	5:54	4.2	11:54	-0.3	11:53	-0.6	7:17	4:59	
14	Fri	6:26	5.9	6:51	4.3			12:54	-0.5	7:17	5:00	
15	Sat	7:19	6.0	7:44	4.3	12:47	-0.7	1:48	-0.6	7:16	5:01	
16	Sun	8:08	6.1	8:33	4.4	1:39	-0.8	2:36	-0.7	7:16	5:02	
17	Mon	8:54	6.0	9:18	4.4	2:27	-0.8	3:20	-0.7	7:16	5:03	
18	Tue	9:38	5.8	10:02	4.4	3:12	-0.7	4:01	-0.6	7:15	5:04	
19	Wed	10:19	5.6	10:44	4.3	3:56	-0.5	4:42	-0.5	7:15	5:05	
20	Thu	11:00	5.3	11:26	4.2	4:40	-0.3	5:24	-0.3	7:14	5:06	
21	Fri	11:41	4.9			5:26	0.0	6:06	-0.1	7:14	5:07	
22	Sat	12:09	4.2	12:23	4.6	6:15	0.3	6:49	0.1	7:13	5:08	
23	Sun	12:53	4.1	1:07	4.2	7:06	0.5	7:32	0.2	7:12	5:10	
24	Mon	1:41	4.1	1:55	3.9	7:59	0.7	8:17	0.3	7:12	5:11	
25	Tue	2:34	4.1	2:51	3.7	8:57	0.8	9:06	0.4	7:11	5:12	
26	Wed	3:32	4.3	3:52	3.6	9:58	0.8	9:56	0.3	7:10	5:13	
27	Thu	4:28	4.5	4:50	3.6	10:58	0.6	10:47	0.2	7:10	5:14	
28	Fri	5:20	4.8	5:42	3.7	11:52	0.4	11:37	0.0	7:09	5:15	
29	Sat	6:08	5.1	6:32	3.9			12:41	0.1	7:08	5:17	
30	Sun	6:54	5.4	7:19	4.1	12:26	-0.2	1:26	-0.2	7:07	5:18	
31	Mon	7:40	5.7	8:04	4.3	1:13	-0.5	2:08	-0.5	7:06	5:19	