

North Highlands Beach, NJ - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:22	5.6	8:44	4.1	1:57	-0.3	2:56	-0.2	7:18	4:48	
2	Sat	8:59	5.6	9:22	4.1	2:35	-0.3	3:31	-0.2	7:18	4:49	
3	Sun	9:35	5.5	9:59	4.0	3:12	-0.2	4:06	-0.1	7:18	4:50	
4	Mon	10:11	5.4	10:38	4.0	3:49	-0.1	4:42	0.0	7:18	4:51	
5	Tue	10:49	5.2	11:18	3.9	4:28	0.1	5:20	0.1	7:18	4:52	
6	Wed	11:28	5.0			5:10	0.2	5:59	0.2	7:18	4:52	
7	Thu	12:00	3.9	12:09	4.7	5:56	0.4	6:40	0.2	7:18	4:53	
8	Fri	12:44	4.0	12:52	4.5	6:46	0.5	7:23	0.2	7:18	4:54	
9	Sat	1:31	4.1	1:39	4.2	7:40	0.6	8:09	0.2	7:18	4:55	
10	Sun	2:25	4.3	2:35	4.0	8:38	0.6	8:59	0.1	7:18	4:56	
11	Mon	3:23	4.5	3:37	3.9	9:40	0.5	9:52	0.0	7:17	4:57	
12	Tue	4:22	4.9	4:39	4.0	10:43	0.2	10:47	-0.3	7:17	4:58	
13	Wed	5:18	5.3	5:38	4.1	11:43	-0.1	11:42	-0.5	7:17	4:59	
14	Thu	6:12	5.8	6:36	4.2			12:41	-0.4	7:16	5:00	
15	Fri	7:06	6.2	7:32	4.4	12:37	-0.8	1:36	-0.8	7:16	5:02	
16	Sat	8:00	6.4	8:26	4.6	1:31	-1.1	2:28	-1.1	7:16	5:03	
17	Sun	8:52	6.6	9:19	4.8	2:24	-1.3	3:17	-1.2	7:15	5:04	
18	Mon	9:44	6.5	10:12	4.9	3:16	-1.3	4:07	-1.2	7:15	5:05	
19	Tue	10:36	6.3	11:06	4.9	4:10	-1.2	4:58	-1.1	7:14	5:06	
20	Wed	11:29	5.9			5:06	-0.9	5:51	-0.9	7:14	5:07	
21	Thu	12:02	4.9	12:23	5.4	6:06	-0.6	6:44	-0.7	7:13	5:08	
22	Fri	12:58	4.9	1:19	4.9	7:09	-0.3	7:38	-0.5	7:13	5:09	
23	Sat	1:58	4.8	2:19	4.4	8:14	0.0	8:33	-0.3	7:12	5:10	
24	Sun	3:01	4.8	3:24	4.1	9:24	0.2	9:30	-0.1	7:11	5:12	
25	Mon	4:05	4.8	4:28	3.8	10:33	0.3	10:26	0.0	7:10	5:13	
26	Tue	5:03	4.9	5:25	3.8	11:36	0.3	11:20	0.0	7:10	5:14	
27	Wed	5:54	5.0	6:16	3.8			12:31	0.2	7:09	5:15	
28	Thu	6:41	5.2	7:02	3.8	12:10	0.0	1:19	0.0	7:08	5:16	
29	Fri	7:23	5.3	7:44	3.9	12:55	-0.1	2:00	-0.1	7:07	5:17	
30	Sat	8:02	5.3	8:23	4.0	1:37	-0.2	2:36	-0.2	7:07	5:19	
31	Sun	8:38	5.4	8:59	4.1	2:16	-0.3	3:08	-0.2	7:06	5:20	