

North Highlands Beach, NJ - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:24	4.4	3:40	3.7	9:46	0.8	9:47	0.3	7:18	4:48	
2	Fri	4:19	4.7	4:38	3.7	10:46	0.7	10:38	0.2	7:18	4:49	
3	Sat	5:11	5.1	5:33	3.7	11:44	0.4	11:29	-0.1	7:18	4:50	
4	Sun	6:02	5.5	6:27	3.8			12:38	0.1	7:18	4:50	
5	Mon	6:52	5.8	7:19	4.0	12:21	-0.3	1:29	-0.2	7:18	4:51	
6	Tue	7:43	6.1	8:10	4.2	1:12	-0.6	2:18	-0.5	7:18	4:52	
7	Wed	8:33	6.3	9:01	4.4	2:03	-0.8	3:04	-0.8	7:18	4:53	
8	Thu	9:22	6.4	9:52	4.6	2:54	-1.0	3:51	-0.9	7:18	4:54	
9	Fri	10:12	6.3	10:43	4.7	3:45	-1.0	4:39	-0.9	7:18	4:55	
10	Sat	11:03	6.0	11:37	4.8	4:39	-0.9	5:29	-0.8	7:18	4:56	
11	Sun	11:56	5.6			5:37	-0.7	6:21	-0.7	7:17	4:57	
12	Mon	12:32	4.9	12:50	5.1	6:38	-0.4	7:13	-0.6	7:17	4:58	
13	Tue	1:30	5.0	1:48	4.6	7:43	-0.1	8:07	-0.4	7:17	4:59	
14	Wed	2:32	5.0	2:52	4.1	8:51	0.1	9:03	-0.2	7:17	5:00	
15	Thu	3:38	5.1	4:01	3.8	10:03	0.2	10:01	-0.1	7:16	5:01	
16	Fri	4:41	5.2	5:05	3.7	11:12	0.2	10:58	-0.1	7:16	5:02	
17	Sat	5:38	5.3	6:03	3.6			12:14	0.1	7:15	5:03	
18	Sun	6:30	5.4	6:55	3.7			1:09	0.0	7:15	5:05	
19	Mon	7:18	5.5	7:41	3.8	12:45	-0.1	1:56	-0.1	7:14	5:06	
20	Tue	8:01	5.5	8:22	3.9	1:32	-0.2	2:35	-0.1	7:14	5:07	
21	Wed	8:40	5.5	9:00	3.9	2:15	-0.3	3:10	-0.2	7:13	5:08	
22	Thu	9:17	5.4	9:36	4.0	2:54	-0.3	3:43	-0.2	7:13	5:09	
23	Fri	9:52	5.3	10:12	4.1	3:31	-0.2	4:16	-0.1	7:12	5:10	
24	Sat	10:27	5.1	10:48	4.1	4:08	-0.1	4:49	-0.1	7:11	5:11	
25	Sun	11:03	4.8	11:26	4.2	4:48	0.1	5:23	0.0	7:11	5:12	
26	Mon	11:40	4.6			5:30	0.2	5:59	0.1	7:10	5:14	
27	Tue	12:05	4.2	12:19	4.2	6:16	0.4	6:38	0.2	7:09	5:15	
28	Wed	12:47	4.3	1:01	3.9	7:06	0.6	7:19	0.2	7:08	5:16	
29	Thu	1:34	4.3	1:49	3.6	8:00	0.7	8:06	0.3	7:08	5:17	
30	Fri	2:29	4.5	2:49	3.4	9:01	0.7	8:59	0.2	7:07	5:18	
31	Sat	3:32	4.7	3:58	3.4	10:07	0.7	9:58	0.1	7:06	5:19	