

North Highlands Beach, NJ - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:33	4.4	8:55	6.5	2:44	0.3	2:22	0.2	5:38	8:29	
2	Thu	9:22	4.5	9:41	6.4	3:32	0.2	3:11	0.2	5:38	8:29	
3	Fri	10:08	4.5	10:24	6.3	4:15	0.2	3:56	0.3	5:39	8:29	
4	Sat	10:51	4.5	11:06	6.1	4:56	0.3	4:39	0.4	5:39	8:29	
5	Sun	11:33	4.5	11:46	5.8	5:36	0.4	5:23	0.6	5:40	8:28	
6	Mon			12:15	4.5	6:16	0.5	6:08	0.8	5:41	8:28	
7	Tue	12:26	5.6	12:57	4.6	6:56	0.6	6:55	1.0	5:41	8:28	
8	Wed	1:06	5.3	1:39	4.6	7:35	0.7	7:45	1.2	5:42	8:28	
9	Thu	1:47	5.0	2:22	4.7	8:15	0.8	8:36	1.3	5:42	8:27	
10	Fri	2:31	4.7	3:09	4.8	8:55	0.9	9:29	1.4	5:43	8:27	
11	Sat	3:20	4.4	4:01	5.0	9:37	0.9	10:27	1.4	5:44	8:26	
12	Sun	4:15	4.2	4:55	5.2	10:23	0.9	11:26	1.3	5:44	8:26	
13	Mon	5:13	4.1	5:48	5.5	11:13	0.9			5:45	8:25	
14	Tue	6:10	4.1	6:39	5.8	12:23	1.2	12:04	0.7	5:46	8:25	
15	Wed	7:04	4.2	7:30	6.1	1:18	0.9	12:56	0.5	5:47	8:24	
16	Thu	7:57	4.3	8:20	6.4	2:10	0.7	1:48	0.3	5:47	8:24	
17	Fri	8:49	4.5	9:10	6.6	2:58	0.4	2:40	0.1	5:48	8:23	
18	Sat	9:40	4.8	9:59	6.8	3:44	0.1	3:31	-0.1	5:49	8:23	
19	Sun	10:29	5.1	10:48	6.7	4:29	-0.1	4:21	-0.2	5:50	8:22	
20	Mon	11:20	5.3	11:37	6.6	5:14	-0.2	5:14	-0.2	5:51	8:21	
21	Tue			12:11	5.5	6:01	-0.2	6:10	0.0	5:51	8:21	
22	Wed	12:28	6.3	1:04	5.7	6:51	-0.2	7:09	0.1	5:52	8:20	
23	Thu	1:21	5.9	1:59	5.8	7:41	-0.1	8:12	0.4	5:53	8:19	
24	Fri	2:15	5.4	2:56	5.9	8:33	0.1	9:16	0.6	5:54	8:18	
25	Sat	3:14	4.9	3:58	6.0	9:26	0.3	10:25	0.7	5:55	8:17	
26	Sun	4:20	4.6	5:03	6.0	10:23	0.4	11:34	0.8	5:56	8:17	
27	Mon	5:28	4.4	6:04	6.1	11:22	0.5			5:56	8:16	
28	Tue	6:31	4.3	7:00	6.2	12:40	0.8	12:20	0.6	5:57	8:15	
29	Wed	7:27	4.3	7:52	6.2	1:40	0.7	1:16	0.6	5:58	8:14	
30	Thu	8:19	4.5	8:40	6.2	2:32	0.6	2:09	0.5	5:59	8:13	
31	Fri	9:06	4.6	9:24	6.2	3:16	0.5	2:57	0.5	6:00	8:12	