US HARBORS www.USHarbors.com

Ocean Beach, NJ - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:24	0.4	1:47	0.5	7:58	-0.1	8:37	-0.1	7:18	4:41	
2	Tue	2:21	0.4	2:43	0.4	8:50	-0.1	9:27	-0.1	7:18	4:42	
3	Wed	3:20	0.4	3:41	0.4	9:45	0.0	10:20	-0.1	7:18	4:43	
4	Thu	4:19	0.4	4:38	0.4	10:46	0.0	11:17	0.0	7:18	4:44	
5	Fri	5:15	0.4	5:34	0.4	11:53	0.0			7:18	4:44	
6	Sat	6:10	0.4	6:29	0.3	12:17	0.0	1:01	0.0	7:18	4:45	
7	Sun	7:05	0.4	7:27	0.3	1:16	0.0	2:03	0.0	7:18	4:46	
8	Mon	8:03	0.4	8:27	0.3	2:11	0.0	2:59	0.0	7:18	4:47	
9	Tue	8:59	0.4	9:23	0.3	3:01	0.0	3:49	0.0	7:17	4:48	
10	Wed	9:48	0.4	10:13	0.3	3:48	0.0	4:36	0.0	7:17	4:49	
11	Thu	10:32	0.4	10:57	0.3	4:33	0.0	5:21	0.0	7:17	4:50	
12	Fri	11:13	0.4	11:39	0.3	5:16	0.0	6:04	0.0	7:17	4:51	
13	Sat	11:51	0.4			5:59	0.0	6:45	0.0	7:17	4:52	
14	Sun	12:20	0.3	12:28	0.4	6:41	0.0	7:23	0.0	7:16	4:53	
15	Mon	1:00	0.3	1:04	0.4	7:20	0.0	7:59	0.0	7:16	4:54	
16	Tue	1:39	0.3	1:39	0.4	7:58	0.0	8:33	0.0	7:15	4:56	
17	Wed	2:19	0.3	2:15	0.3	8:34	0.0	9:05	0.0	7:15	4:57	
18	Thu	3:00	0.3	2:52	0.3	9:10	0.0	9:38	0.0	7:15	4:58	
19	Fri	3:42	0.3	3:34	0.3	9:49	0.0	10:15	0.0	7:14	4:59	
20	Sat	4:25	0.3	4:23	0.3	10:39	0.0	11:01	0.0	7:13	5:00	
21	Sun	5:11	0.3	5:15	0.3	11:46	0.1			7:13	5:01	
22	Mon	6:01	0.3	6:13	0.3	12:02	0.0	12:59	0.0	7:12	5:02	
23	Tue	6:58	0.4	7:19	0.3	1:09	0.0	2:05	0.0	7:12	5:04	
24	Wed	8:02	0.4	8:29	0.3	2:12	0.0	3:05	0.0	7:11	5:05	
25	Thu	9:06	0.4	9:34	0.3	3:11	0.0	4:01	0.0	7:10	5:06	
26	Fri	10:03	0.4	10:30	0.4	4:08	-0.1	4:55	-0.1	7:10	5:07	
27	Sat	10:56	0.5	11:23	0.4	5:03	-0.1	5:48	-0.1	7:09	5:08	
28	Sun	11:47	0.5			5:59	-0.1	6:40	-0.1	7:08	5:09	
29	Mon	12:15	0.4	12:38	0.5	6:53	-0.1	7:29	-0.1	7:07	5:11	
30	Tue	1:08	0.4	1:30	0.5	7:45	-0.1	8:17	-0.1	7:06	5:12	
31	Wed	2:01	0.4	2:24	0.4	8:35	-0.1	9:04	-0.1	7:05	5:13	