

Ocean Beach, NJ - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:20	0.3	2:33	0.4	8:46	0.0	9:22	0.0	7:18	4:41	
2	Tue	3:11	0.3	3:26	0.4	9:34	0.0	10:06	0.0	7:18	4:42	
3	Wed	4:05	0.4	4:22	0.4	10:32	0.0	10:57	0.0	7:18	4:43	
4	Thu	5:00	0.4	5:19	0.3	11:44	0.0	11:58	0.0	7:18	4:44	
5	Fri	5:56	0.4	6:20	0.3			12:59	0.0	7:18	4:45	
6	Sat	6:57	0.4	7:26	0.3	1:03	0.0	2:08	0.0	7:18	4:46	
7	Sun	8:02	0.4	8:36	0.3	2:07	0.0	3:11	0.0	7:18	4:47	
8	Mon	9:08	0.4	9:40	0.3	3:07	0.0	4:08	0.0	7:18	4:48	
9	Tue	10:06	0.4	10:37	0.3	4:04	0.0	5:03	0.0	7:17	4:49	
10	Wed	10:59	0.4	11:29	0.4	5:00	0.0	5:55	-0.1	7:17	4:50	
11	Thu	11:47	0.4			5:54	0.0	6:44	-0.1	7:17	4:51	
12	Fri	12:19	0.4	12:34	0.4	6:45	0.0	7:30	-0.1	7:17	4:52	
13	Sat	1:07	0.4	1:20	0.4	7:32	0.0	8:11	-0.1	7:16	4:53	
14	Sun	1:55	0.4	2:05	0.4	8:16	0.0	8:51	0.0	7:16	4:54	
15	Mon	2:42	0.4	2:50	0.4	8:58	0.0	9:29	0.0	7:16	4:55	
16	Tue	3:29	0.3	3:36	0.3	9:42	0.0	10:07	0.0	7:15	4:56	
17	Wed	4:16	0.3	4:23	0.3	10:29	0.0	10:49	0.0	7:15	4:57	
18	Thu	5:01	0.3	5:09	0.3	11:25	0.1	11:37	0.0	7:14	4:58	
19	Fri	5:45	0.3	5:56	0.3			12:27	0.1	7:14	4:59	
20	Sat	6:33	0.3	6:49	0.3	12:32	0.0	1:30	0.1	7:13	5:00	
21	Sun	7:25	0.3	7:49	0.3	1:29	0.1	2:27	0.1	7:13	5:02	
22	Mon	8:23	0.3	8:52	0.3	2:24	0.0	3:19	0.0	7:12	5:03	
23	Tue	9:17	0.4	9:46	0.3	3:15	0.0	4:07	0.0	7:11	5:04	
24	Wed	10:05	0.4	10:31	0.3	4:03	0.0	4:53	0.0	7:11	5:05	
25	Thu	10:47	0.4	11:13	0.3	4:50	0.0	5:38	0.0	7:10	5:06	
26	Fri	11:27	0.4	11:53	0.3	5:37	0.0	6:21	0.0	7:09	5:07	
27	Sat			12:07	0.4	6:23	0.0	7:02	-0.1	7:08	5:09	
28	Sun	12:32	0.3	12:47	0.4	7:07	0.0	7:41	-0.1	7:08	5:10	
29	Mon	1:14	0.4	1:30	0.4	7:51	0.0	8:19	-0.1	7:07	5:11	
30	Tue	1:59	0.4	2:17	0.4	8:36	0.0	8:58	-0.1	7:06	5:12	
31	Wed	2:48	0.4	3:09	0.4	9:24	0.0	9:41	0.0	7:05	5:13	