

Red Bank, Navesink River, NJ - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:23	4.1	8:45	3.2	2:42	-0.5	3:26	-0.6	7:19	4:40	
2	Fri	9:09	4.0	9:33	3.2	3:31	-0.5	4:13	-0.6	7:19	4:40	
3	Sat	9:56	3.9	10:21	3.2	4:20	-0.4	4:59	-0.6	7:19	4:41	
4	Sun	10:42	3.8	11:09	3.2	5:08	-0.3	5:44	-0.5	7:19	4:42	
5	Mon	11:28	3.7	11:56	3.2	5:55	-0.2	6:27	-0.5	7:19	4:43	
6	Tue			12:13	3.5	6:42	-0.1	7:12	-0.3	7:19	4:44	
7	Wed	12:43	3.2	12:59	3.3	7:32	0.1	7:58	-0.2	7:19	4:45	
8	Thu	1:31	3.2	1:47	3.1	8:25	0.2	8:47	-0.1	7:19	4:46	
9	Fri	2:20	3.1	2:36	2.9	9:21	0.3	9:37	0.0	7:19	4:47	
10	Sat	3:10	3.2	3:26	2.8	10:16	0.3	10:26	0.0	7:18	4:48	
11	Sun	4:01	3.2	4:18	2.7	11:09	0.3	11:15	0.0	7:18	4:49	
12	Mon	4:52	3.3	5:11	2.7			12:02	0.2	7:18	4:50	
13	Tue	5:44	3.4	6:05	2.7	12:04	0.0	12:53	0.0	7:18	4:51	
14	Wed	6:36	3.6	6:57	2.8	12:53	-0.1	1:42	-0.1	7:17	4:52	
15	Thu	7:26	3.8	7:48	3.0	1:41	-0.2	2:28	-0.3	7:17	4:53	
16	Fri	8:14	3.9	8:37	3.2	2:28	-0.4	3:14	-0.5	7:17	4:54	
17	Sat	9:01	4.0	9:25	3.3	3:15	-0.5	3:59	-0.6	7:16	4:55	
18	Sun	9:48	4.1	10:15	3.5	4:03	-0.5	4:44	-0.8	7:16	4:57	
19	Mon	10:37	4.1	11:06	3.6	4:52	-0.6	5:29	-0.8	7:15	4:58	
20	Tue	11:26	3.9	11:57	3.7	5:42	-0.6	6:14	-0.8	7:15	4:59	
21	Wed			12:16	3.8	6:35	-0.5	7:02	-0.8	7:14	5:00	
22	Thu	12:48	3.7	1:07	3.6	7:31	-0.4	7:54	-0.7	7:13	5:01	
23	Fri	1:41	3.7	2:00	3.3	8:33	-0.3	8:51	-0.6	7:13	5:02	
24	Sat	2:36	3.7	2:55	3.1	9:35	-0.2	9:50	-0.5	7:12	5:04	
25	Sun	3:31	3.6	3:51	2.9	10:36	-0.2	10:47	-0.5	7:11	5:05	
26	Mon	4:27	3.6	4:48	2.8	11:35	-0.2	11:44	-0.4	7:11	5:06	
27	Tue	5:24	3.6	5:45	2.8			12:32	-0.3	7:10	5:07	
28	Wed	6:19	3.6	6:42	2.8	12:40	-0.4	1:26	-0.4	7:09	5:08	
29	Thu	7:12	3.6	7:34	2.9	1:34	-0.5	2:16	-0.5	7:08	5:10	
30	Fri	8:00	3.7	8:23	3.0	2:24	-0.5	3:04	-0.6	7:07	5:11	
31	Sat	8:46	3.7	9:09	3.1	3:13	-0.5	3:49	-0.6	7:06	5:12	