

Red Bank, Navesink River, NJ - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:04	3.5	9:28	3.4	3:38	-0.4	4:03	-0.5	6:29	5:47	☀
2	Tue	9:47	3.5	10:11	3.5	4:22	-0.3	4:43	-0.4	6:27	5:49	☀
3	Wed	10:31	3.4	10:56	3.5	5:05	-0.3	5:23	-0.4	6:26	5:50	☀
4	Thu	11:15	3.4	11:40	3.5	5:47	-0.2	6:02	-0.2	6:24	5:51	☀
5	Fri	11:59	3.2			6:30	-0.1	6:40	-0.1	6:23	5:52	☀
6	Sat	12:25	3.5	12:45	3.1	7:14	0.1	7:20	0.0	6:21	5:53	☀
7	Sun	1:11	3.4	1:32	3.0	8:04	0.2	8:06	0.2	6:19	5:54	☀
8	Mon	2:00	3.4	2:21	2.9	9:00	0.3	9:01	0.3	6:18	5:55	☀
9	Tue	2:50	3.4	3:14	2.8	9:56	0.3	9:59	0.3	6:16	5:56	☀
10	Wed	3:44	3.4	4:08	2.8	10:50	0.2	10:56	0.2	6:15	5:57	☀
11	Thu	4:38	3.4	5:04	3.0	11:43	0.1	11:52	0.1	6:13	5:58	☀
12	Fri	5:33	3.6	6:00	3.2			12:35	-0.1	6:11	5:59	☀
13	Sat	6:28	3.7	6:55	3.5	12:48	-0.1	1:25	-0.3	6:10	6:01	☀
14	Sun	7:21	3.9	7:48	3.8	1:41	-0.3	2:13	-0.5	6:08	6:02	☀
15	Mon	8:12	4.0	8:38	4.1	2:34	-0.5	3:00	-0.7	6:07	6:03	☀
16	Tue	9:02	4.1	9:28	4.3	3:25	-0.7	3:47	-0.8	6:05	6:04	☀
17	Wed	9:51	4.0	10:19	4.4	4:17	-0.8	4:35	-0.8	6:03	6:05	☀
18	Thu	10:42	3.9	11:10	4.4	5:08	-0.8	5:24	-0.8	6:02	6:06	☀
19	Fri	11:33	3.8			6:00	-0.7	6:13	-0.7	6:00	6:07	☀
20	Sat	12:01	4.3	12:25	3.6	6:54	-0.5	7:06	-0.5	5:58	6:08	☀
21	Sun	12:53	4.1	1:17	3.4	7:51	-0.3	8:04	-0.3	5:57	6:09	☀
22	Mon	1:46	3.9	2:11	3.2	8:51	-0.2	9:06	-0.1	5:55	6:10	☀
23	Tue	2:41	3.7	3:07	3.1	9:51	0.0	10:07	0.0	5:53	6:11	☀
24	Wed	3:36	3.5	4:03	3.0	10:48	0.0	11:05	0.1	5:52	6:12	☀
25	Thu	4:31	3.4	4:59	3.0	11:42	0.0			5:50	6:13	☀
26	Fri	5:25	3.3	5:54	3.1	12:01	0.1	12:34	0.0	5:49	6:14	☀
27	Sat	6:18	3.3	6:45	3.2	12:54	0.1	1:22	-0.1	5:47	6:15	☀
28	Sun	7:07	3.4	7:33	3.4	1:44	0.0	2:07	-0.1	5:45	6:16	☀
29	Mon	7:53	3.4	8:17	3.6	2:30	-0.1	2:49	-0.2	5:44	6:17	☀
30	Tue	8:36	3.5	9:00	3.7	3:14	-0.1	3:31	-0.2	5:42	6:18	☀
31	Wed	9:19	3.5	9:42	3.8	3:58	-0.1	4:11	-0.1	5:40	6:19	☀