

Red Bank, Navesink River, NJ - May 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:20	3.5	11:42	4.2	5:59	0.1	5:59	0.3	5:54	7:51	
2	Sun			12:06	3.5	6:41	0.1	6:37	0.4	5:53	7:52	
3	Mon	12:27	4.1	12:53	3.4	7:23	0.2	7:17	0.5	5:52	7:53	
4	Tue	1:14	4.1	1:41	3.4	8:08	0.3	8:00	0.6	5:51	7:54	
5	Wed	2:01	4.0	2:31	3.4	8:56	0.3	8:55	0.6	5:50	7:55	
6	Thu	2:52	3.9	3:23	3.5	9:49	0.3	10:01	0.6	5:48	7:56	
7	Fri	3:44	3.9	4:18	3.6	10:43	0.3	11:04	0.6	5:47	7:57	
8	Sat	4:39	3.8	5:13	3.8	11:36	0.2			5:46	7:58	
9	Sun	5:34	3.8	6:09	4.0	12:04	0.4	12:27	0.1	5:45	7:59	
10	Mon	6:31	3.8	7:04	4.3	1:02	0.2	1:20	-0.1	5:44	8:00	
11	Tue	7:27	3.9	7:59	4.5	1:59	0.0	2:12	-0.2	5:43	8:01	
12	Wed	8:22	3.9	8:51	4.7	2:54	-0.2	3:03	-0.3	5:42	8:02	
13	Thu	9:14	4.0	9:42	4.9	3:47	-0.3	3:54	-0.4	5:41	8:03	
14	Fri	10:05	4.0	10:32	4.9	4:40	-0.4	4:46	-0.4	5:40	8:04	
15	Sat	10:56	3.9	11:22	4.8	5:31	-0.4	5:38	-0.3	5:39	8:05	
16	Sun	11:48	3.8			6:23	-0.4	6:30	-0.2	5:38	8:06	
17	Mon	12:13	4.6	12:40	3.7	7:13	-0.3	7:23	0.0	5:37	8:07	
18	Tue	1:03	4.4	1:32	3.6	8:05	-0.1	8:18	0.2	5:36	8:08	
19	Wed	1:53	4.1	2:24	3.6	8:58	0.0	9:15	0.4	5:36	8:09	
20	Thu	2:44	3.9	3:16	3.5	9:52	0.2	10:15	0.6	5:35	8:10	
21	Fri	3:35	3.7	4:09	3.5	10:45	0.2	11:12	0.6	5:34	8:11	
22	Sat	4:26	3.5	5:00	3.5	11:36	0.3			5:33	8:12	
23	Sun	5:17	3.4	5:52	3.6	12:06	0.6	12:24	0.3	5:33	8:12	
24	Mon	6:08	3.3	6:42	3.7	12:58	0.6	1:11	0.3	5:32	8:13	
25	Tue	7:00	3.3	7:31	3.9	1:49	0.5	1:57	0.3	5:31	8:14	
26	Wed	7:50	3.3	8:18	4.0	2:37	0.4	2:42	0.3	5:31	8:15	
27	Thu	8:37	3.4	9:03	4.2	3:23	0.3	3:25	0.3	5:30	8:16	
28	Fri	9:23	3.5	9:47	4.3	4:07	0.2	4:08	0.3	5:29	8:17	
29	Sat	10:08	3.5	10:31	4.3	4:51	0.2	4:50	0.3	5:29	8:17	
30	Sun	10:54	3.5	11:16	4.4	5:35	0.1	5:31	0.3	5:28	8:18	
31	Mon	11:41	3.5			6:17	0.1	6:13	0.4	5:28	8:19	