

Red Bank, Navesink River, NJ - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:02	4.3	12:29	3.6	7:00	0.1	6:56	0.5	5:28	8:20	
2	Wed	12:49	4.3	1:18	3.6	7:43	0.2	7:42	0.5	5:27	8:20	
3	Thu	1:37	4.2	2:08	3.7	8:29	0.2	8:37	0.6	5:27	8:21	
4	Fri	2:27	4.1	3:00	3.8	9:19	0.2	9:40	0.6	5:26	8:22	
5	Sat	3:19	4.0	3:54	3.9	10:12	0.2	10:43	0.6	5:26	8:22	
6	Sun	4:13	3.9	4:49	4.0	11:06	0.1	11:44	0.5	5:26	8:23	
7	Mon	5:08	3.8	5:44	4.2	11:59	0.1			5:26	8:24	
8	Tue	6:04	3.7	6:40	4.4	12:42	0.3	12:53	0.0	5:25	8:24	
9	Wed	7:01	3.7	7:36	4.6	1:40	0.1	1:47	-0.1	5:25	8:25	
10	Thu	7:58	3.7	8:29	4.7	2:35	0.0	2:41	-0.2	5:25	8:25	
11	Fri	8:51	3.8	9:20	4.8	3:29	-0.2	3:33	-0.2	5:25	8:26	
12	Sat	9:43	3.8	10:10	4.8	4:21	-0.2	4:26	-0.2	5:25	8:26	
13	Sun	10:34	3.8	10:59	4.7	5:12	-0.3	5:18	-0.1	5:25	8:27	
14	Mon	11:25	3.8	11:48	4.5	6:02	-0.3	6:09	0.0	5:25	8:27	
15	Tue			12:16	3.8	6:50	-0.2	7:00	0.1	5:25	8:27	
16	Wed	12:37	4.3	1:06	3.7	7:38	-0.1	7:52	0.3	5:25	8:28	
17	Thu	1:25	4.1	1:56	3.7	8:27	0.0	8:46	0.5	5:25	8:28	
18	Fri	2:13	3.9	2:45	3.6	9:17	0.2	9:42	0.6	5:25	8:28	
19	Sat	3:01	3.7	3:36	3.6	10:08	0.3	10:38	0.7	5:25	8:29	
20	Sun	3:51	3.5	4:26	3.6	10:58	0.4	11:33	0.7	5:26	8:29	
21	Mon	4:42	3.3	5:17	3.7	11:46	0.4			5:26	8:29	
22	Tue	5:33	3.3	6:07	3.8	12:25	0.7	12:34	0.4	5:26	8:29	
23	Wed	6:24	3.2	6:58	3.9	1:16	0.7	1:21	0.4	5:26	8:30	
24	Thu	7:16	3.2	7:47	4.0	2:06	0.6	2:08	0.4	5:27	8:30	
25	Fri	8:07	3.3	8:35	4.2	2:54	0.4	2:54	0.4	5:27	8:30	
26	Sat	8:55	3.4	9:20	4.3	3:40	0.3	3:38	0.3	5:27	8:30	
27	Sun	9:42	3.5	10:06	4.4	4:25	0.2	4:23	0.3	5:28	8:30	
28	Mon	10:29	3.6	10:51	4.5	5:08	0.1	5:07	0.3	5:28	8:30	
29	Tue	11:17	3.7	11:38	4.5	5:52	0.1	5:52	0.3	5:29	8:30	
30	Wed			12:06	3.8	6:34	0.0	6:38	0.3	5:29	8:30	