

Red Bank, Navesink River, NJ - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:25	4.4	12:55	3.9	7:17	0.0	7:26	0.4	5:30	8:30	
2	Fri	1:14	4.3	1:45	4.0	8:02	0.0	8:20	0.4	5:30	8:30	
3	Sat	2:03	4.2	2:37	4.1	8:51	0.0	9:20	0.5	5:31	8:29	
4	Sun	2:55	4.0	3:31	4.1	9:44	0.1	10:23	0.5	5:31	8:29	
5	Mon	3:49	3.8	4:25	4.2	10:40	0.1	11:24	0.4	5:32	8:29	
6	Tue	4:44	3.7	5:21	4.3	11:35	0.1			5:32	8:29	
7	Wed	5:41	3.6	6:17	4.4	12:23	0.4	12:31	0.0	5:33	8:28	
8	Thu	6:38	3.6	7:13	4.5	1:21	0.2	1:27	0.0	5:34	8:28	
9	Fri	7:35	3.6	8:08	4.5	2:17	0.1	2:23	0.0	5:34	8:28	
10	Sat	8:30	3.7	8:59	4.6	3:10	0.0	3:16	-0.1	5:35	8:27	
11	Sun	9:22	3.7	9:48	4.6	4:01	-0.1	4:08	-0.1	5:36	8:27	
12	Mon	10:12	3.8	10:35	4.5	4:50	-0.2	4:58	0.0	5:36	8:26	
13	Tue	11:01	3.8	11:22	4.4	5:38	-0.2	5:48	0.1	5:37	8:26	
14	Wed	11:49	3.8			6:24	-0.1	6:37	0.2	5:38	8:25	
15	Thu	12:09	4.2	12:37	3.8	7:09	0.0	7:25	0.3	5:39	8:25	
16	Fri	12:55	4.1	1:25	3.8	7:53	0.1	8:14	0.5	5:39	8:24	
17	Sat	1:42	3.9	2:12	3.8	8:39	0.2	9:06	0.6	5:40	8:23	
18	Sun	2:28	3.7	3:01	3.7	9:28	0.4	10:02	0.8	5:41	8:23	
19	Mon	3:17	3.5	3:50	3.7	10:18	0.5	10:57	0.8	5:42	8:22	
20	Tue	4:07	3.3	4:41	3.7	11:08	0.5	11:50	0.8	5:43	8:21	
21	Wed	4:58	3.2	5:32	3.8	11:57	0.6			5:44	8:21	
22	Thu	5:50	3.2	6:24	3.9	12:42	0.8	12:46	0.6	5:44	8:20	
23	Fri	6:43	3.2	7:15	4.0	1:34	0.7	1:36	0.5	5:45	8:19	
24	Sat	7:36	3.3	8:05	4.2	2:23	0.5	2:24	0.4	5:46	8:18	
25	Sun	8:27	3.5	8:54	4.3	3:10	0.4	3:11	0.3	5:47	8:17	
26	Mon	9:16	3.7	9:40	4.5	3:55	0.2	3:57	0.2	5:48	8:16	
27	Tue	10:04	3.8	10:27	4.5	4:39	0.1	4:44	0.2	5:49	8:15	
28	Wed	10:52	4.0	11:14	4.5	5:23	0.0	5:31	0.1	5:50	8:15	
29	Thu	11:41	4.1			6:06	-0.1	6:19	0.1	5:51	8:14	
30	Fri	12:02	4.5	12:31	4.2	6:50	-0.1	7:09	0.1	5:52	8:13	
31	Sat	12:51	4.4	1:22	4.3	7:35	-0.1	8:02	0.2	5:53	8:12	