

Red Bank, Navesink River, NJ - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:41	4.2	2:14	4.3	8:24	0.0	9:01	0.3	5:54	8:10	
2	Mon	2:33	4.0	3:07	4.3	9:18	0.1	10:03	0.4	5:55	8:09	
3	Tue	3:27	3.8	4:02	4.3	10:17	0.1	11:05	0.4	5:55	8:08	
4	Wed	4:23	3.6	4:58	4.3	11:16	0.2			5:56	8:07	
5	Thu	5:20	3.5	5:55	4.2	12:04	0.4	12:14	0.2	5:57	8:06	
6	Fri	6:17	3.5	6:52	4.3	1:02	0.3	1:11	0.2	5:58	8:05	
7	Sat	7:15	3.5	7:46	4.3	1:58	0.2	2:07	0.1	5:59	8:04	
8	Sun	8:10	3.6	8:38	4.3	2:50	0.1	3:00	0.1	6:00	8:02	
9	Mon	9:01	3.7	9:25	4.3	3:39	0.0	3:50	0.1	6:01	8:01	
10	Tue	9:48	3.9	10:10	4.3	4:26	0.0	4:39	0.1	6:02	8:00	
11	Wed	10:35	3.9	10:55	4.3	5:11	0.0	5:26	0.1	6:03	7:59	
12	Thu	11:21	4.0	11:40	4.2	5:54	0.0	6:12	0.2	6:04	7:57	
13	Fri			12:07	4.0	6:37	0.1	6:57	0.3	6:05	7:56	
14	Sat	12:25	4.0	12:52	4.0	7:18	0.2	7:43	0.5	6:06	7:55	
15	Sun	1:11	3.9	1:38	3.9	8:01	0.4	8:31	0.6	6:07	7:53	
16	Mon	1:56	3.7	2:26	3.9	8:46	0.5	9:24	0.8	6:08	7:52	
17	Tue	2:44	3.5	3:14	3.8	9:36	0.6	10:20	0.9	6:09	7:50	
18	Wed	3:34	3.4	4:05	3.8	10:29	0.7	11:15	0.9	6:10	7:49	
19	Thu	4:25	3.3	4:57	3.8	11:21	0.8			6:11	7:48	
20	Fri	5:18	3.3	5:50	3.9	12:08	0.8	12:13	0.7	6:12	7:46	
21	Sat	6:12	3.3	6:43	4.0	1:00	0.7	1:05	0.6	6:13	7:45	
22	Sun	7:07	3.5	7:35	4.2	1:50	0.6	1:56	0.5	6:14	7:43	
23	Mon	8:00	3.7	8:26	4.3	2:37	0.4	2:45	0.3	6:15	7:42	
24	Tue	8:50	3.9	9:14	4.5	3:23	0.2	3:33	0.2	6:16	7:40	
25	Wed	9:39	4.2	10:02	4.6	4:07	0.0	4:22	0.1	6:17	7:39	
26	Thu	10:27	4.4	10:50	4.6	4:51	-0.1	5:11	0.0	6:18	7:37	
27	Fri	11:17	4.6	11:39	4.5	5:36	-0.2	6:01	-0.1	6:19	7:36	
28	Sat			12:07	4.6	6:22	-0.2	6:51	0.0	6:20	7:34	
29	Sun	12:29	4.4	12:58	4.7	7:09	-0.1	7:45	0.1	6:21	7:33	
30	Mon	1:20	4.2	1:50	4.6	7:59	0.0	8:42	0.2	6:22	7:31	
31	Tue	2:12	4.0	2:44	4.5	8:55	0.1	9:43	0.3	6:22	7:29	