

Red Bank, Navesink River, NJ - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:38	3.7	2:00	3.2	8:28	-0.1	8:37	-0.2	6:29	5:47	
2	Thu	2:32	3.7	2:55	3.1	9:31	-0.1	9:40	-0.2	6:28	5:48	
3	Fri	3:28	3.7	3:53	3.1	10:32	-0.1	10:43	-0.2	6:26	5:49	
4	Sat	4:25	3.7	4:51	3.1	11:31	-0.2	11:43	-0.3	6:25	5:50	
5	Sun	5:24	3.7	5:51	3.2			12:28	-0.3	6:23	5:51	
6	Mon	6:21	3.8	6:49	3.4	12:42	-0.4	1:23	-0.5	6:22	5:52	
7	Tue	7:16	3.9	7:43	3.6	1:39	-0.5	2:14	-0.6	6:20	5:54	
8	Wed	8:08	3.9	8:33	3.7	2:33	-0.6	3:03	-0.8	6:19	5:55	
9	Thu	8:56	3.9	9:22	3.8	3:24	-0.7	3:51	-0.8	6:17	5:56	
10	Fri	9:44	3.9	10:09	3.9	4:14	-0.7	4:37	-0.8	6:15	5:57	
11	Sat	10:31	3.7	10:57	3.9	5:02	-0.6	5:22	-0.7	6:14	5:58	
12	Sun	11:17	3.6	11:44	3.8	5:50	-0.5	6:07	-0.5	6:12	5:59	
13	Mon			12:04	3.4	6:37	-0.3	6:52	-0.3	6:11	6:00	
14	Tue	12:30	3.7	12:51	3.2	7:27	-0.1	7:41	-0.1	6:09	6:01	
15	Wed	1:18	3.5	1:39	3.0	8:20	0.1	8:33	0.1	6:07	6:02	
16	Thu	2:07	3.4	2:29	2.9	9:16	0.2	9:29	0.2	6:06	6:03	
17	Fri	2:57	3.3	3:21	2.8	10:10	0.3	10:23	0.3	6:04	6:04	
18	Sat	3:49	3.2	4:14	2.8	11:04	0.3	11:17	0.3	6:02	6:05	
19	Sun	4:42	3.2	5:08	2.9	11:55	0.2			6:01	6:06	
20	Mon	5:35	3.3	6:01	3.0	12:09	0.2	12:44	0.1	5:59	6:07	
21	Tue	6:27	3.4	6:53	3.2	12:59	0.1	1:31	0.0	5:58	6:08	
22	Wed	7:17	3.5	7:41	3.4	1:47	0.0	2:15	-0.1	5:56	6:09	
23	Thu	8:03	3.7	8:27	3.7	2:33	-0.1	2:57	-0.2	5:54	6:11	
24	Fri	8:49	3.8	9:13	3.9	3:18	-0.2	3:38	-0.3	5:53	6:12	
25	Sat	9:34	3.8	9:59	4.0	4:02	-0.3	4:19	-0.4	5:51	6:13	
26	Sun	10:21	3.8	10:46	4.1	4:47	-0.4	5:00	-0.4	5:49	6:14	
27	Mon	11:08	3.7	11:34	4.2	5:33	-0.3	5:42	-0.3	5:48	6:15	
28	Tue	11:57	3.6			6:20	-0.3	6:27	-0.2	5:46	6:16	
29	Wed	12:24	4.2	12:48	3.5	7:12	-0.2	7:18	-0.1	5:44	6:17	
30	Thu	1:15	4.1	1:41	3.4	8:10	-0.1	8:19	0.0	5:43	6:18	
31	Fri	2:09	4.0	2:37	3.3	9:11	0.0	9:25	0.0	5:41	6:19	