

Red Bank, Navesink River, NJ - Aug 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:42	3.3	8:10	4.0	2:31	0.5	2:37	0.4	5:53	8:11	
2	Wed	8:31	3.4	8:56	4.1	3:17	0.4	3:23	0.4	5:54	8:10	
3	Thu	9:17	3.5	9:40	4.2	4:01	0.3	4:07	0.3	5:55	8:09	
4	Fri	10:02	3.7	10:24	4.2	4:44	0.2	4:51	0.3	5:56	8:08	
5	Sat	10:47	3.7	11:07	4.2	5:26	0.2	5:34	0.4	5:57	8:07	
6	Sun	11:33	3.8	11:52	4.2	6:06	0.2	6:16	0.4	5:58	8:05	
7	Mon			12:18	3.9	6:45	0.2	6:58	0.5	5:59	8:04	
8	Tue	12:37	4.1	1:05	3.9	7:23	0.3	7:41	0.6	6:00	8:03	
9	Wed	1:22	4.0	1:51	4.0	8:01	0.3	8:28	0.7	6:01	8:02	
10	Thu	2:09	3.9	2:40	4.0	8:44	0.4	9:24	0.7	6:02	8:00	
11	Fri	2:59	3.7	3:32	4.1	9:34	0.5	10:25	0.7	6:03	7:59	
12	Sat	3:52	3.6	4:25	4.2	10:32	0.5	11:25	0.6	6:04	7:58	
13	Sun	4:47	3.6	5:21	4.3	11:30	0.4			6:05	7:57	
14	Mon	5:44	3.6	6:18	4.4	12:23	0.5	12:28	0.3	6:06	7:55	
15	Tue	6:42	3.7	7:15	4.5	1:20	0.3	1:27	0.2	6:07	7:54	
16	Wed	7:40	3.9	8:10	4.7	2:15	0.1	2:25	0.0	6:08	7:53	
17	Thu	8:36	4.1	9:03	4.8	3:08	-0.1	3:20	-0.1	6:08	7:51	
18	Fri	9:29	4.2	9:54	4.8	3:59	-0.2	4:14	-0.2	6:09	7:50	
19	Sat	10:20	4.4	10:44	4.7	4:49	-0.3	5:07	-0.3	6:10	7:48	
20	Sun	11:11	4.4	11:34	4.6	5:38	-0.4	5:59	-0.2	6:11	7:47	
21	Mon			12:02	4.4	6:26	-0.3	6:51	-0.1	6:12	7:45	
22	Tue	12:23	4.4	12:52	4.4	7:14	-0.2	7:43	0.1	6:13	7:44	
23	Wed	1:12	4.1	1:41	4.3	8:03	0.0	8:36	0.3	6:14	7:42	
24	Thu	2:01	3.9	2:31	4.1	8:55	0.2	9:33	0.5	6:15	7:41	
25	Fri	2:51	3.7	3:22	4.0	9:49	0.4	10:30	0.6	6:16	7:39	
26	Sat	3:42	3.5	4:13	3.9	10:44	0.5	11:26	0.7	6:17	7:38	
27	Sun	4:34	3.3	5:05	3.8	11:38	0.6			6:18	7:36	
28	Mon	5:27	3.3	5:58	3.8	12:19	0.7	12:30	0.6	6:19	7:35	
29	Tue	6:20	3.3	6:50	3.8	1:11	0.7	1:22	0.6	6:20	7:33	
30	Wed	7:13	3.4	7:40	3.9	2:00	0.6	2:11	0.5	6:21	7:32	
31	Thu	8:03	3.5	8:28	4.1	2:46	0.5	2:58	0.5	6:22	7:30	