

Red Bank, Navesink River, NJ - Dec 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:34	4.6	9:58	3.7	3:42	-0.3	4:31	-0.4	6:59	4:30	
2	Sat	10:23	4.6	10:50	3.7	4:32	-0.3	5:20	-0.5	7:00	4:30	
3	Sun	11:14	4.5	11:43	3.7	5:23	-0.3	6:10	-0.5	7:01	4:30	
4	Mon			12:06	4.4	6:18	-0.2	7:03	-0.4	7:02	4:30	
5	Tue	12:37	3.7	12:59	4.2	7:16	-0.1	7:58	-0.4	7:03	4:30	
6	Wed	1:32	3.6	1:53	3.9	8:19	0.0	8:56	-0.3	7:04	4:29	
7	Thu	2:28	3.6	2:48	3.7	9:23	0.1	9:52	-0.3	7:05	4:29	
8	Fri	3:24	3.6	3:43	3.5	10:25	0.1	10:47	-0.3	7:06	4:29	
9	Sat	4:20	3.7	4:38	3.3	11:23	0.1	11:39	-0.3	7:07	4:29	
10	Sun	5:15	3.7	5:33	3.2			12:19	0.0	7:08	4:30	
11	Mon	6:08	3.8	6:27	3.2	12:30	-0.3	1:12	-0.1	7:08	4:30	
12	Tue	6:58	3.9	7:17	3.2	1:20	-0.3	2:02	-0.2	7:09	4:30	
13	Wed	7:45	4.0	8:05	3.2	2:07	-0.3	2:49	-0.2	7:10	4:30	
14	Thu	8:30	4.0	8:50	3.2	2:53	-0.2	3:35	-0.3	7:11	4:30	
15	Fri	9:14	4.0	9:36	3.2	3:38	-0.2	4:19	-0.3	7:11	4:30	
16	Sat	9:58	4.0	10:22	3.2	4:23	-0.1	5:03	-0.3	7:12	4:31	
17	Sun	10:42	3.9	11:08	3.2	5:07	0.0	5:46	-0.2	7:13	4:31	
18	Mon	11:28	3.8	11:55	3.2	5:50	0.1	6:29	-0.2	7:13	4:31	
19	Tue			12:13	3.7	6:35	0.2	7:13	-0.1	7:14	4:32	
20	Wed	12:43	3.1	1:00	3.5	7:23	0.3	7:59	0.0	7:15	4:32	
21	Thu	1:31	3.1	1:47	3.4	8:16	0.4	8:48	0.1	7:15	4:33	
22	Fri	2:21	3.2	2:37	3.2	9:13	0.5	9:36	0.1	7:16	4:33	
23	Sat	3:11	3.2	3:28	3.1	10:08	0.4	10:24	0.1	7:16	4:34	
24	Sun	4:03	3.4	4:20	3.1	11:02	0.4	11:11	0.0	7:16	4:34	
25	Mon	4:55	3.5	5:14	3.1	11:55	0.2	11:59	-0.1	7:17	4:35	
26	Tue	5:47	3.7	6:08	3.1			12:48	0.0	7:17	4:35	
27	Wed	6:40	4.0	7:02	3.2	12:49	-0.2	1:40	-0.2	7:18	4:36	
28	Thu	7:32	4.2	7:54	3.4	1:40	-0.4	2:30	-0.4	7:18	4:37	
29	Fri	8:22	4.4	8:46	3.5	2:30	-0.5	3:20	-0.6	7:18	4:38	
30	Sat	9:12	4.5	9:37	3.6	3:22	-0.6	4:10	-0.8	7:18	4:38	
31	Sun	10:03	4.5	10:31	3.6	4:14	-0.7	5:00	-0.9	7:19	4:39	