

Red Bank, Navesink River, NJ - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:56	4.4	11:25	3.6	5:09	-0.7	5:52	-0.9	7:19	4:40	
2	Tue	11:47	4.2			6:03	-0.6	6:42	-0.8	7:19	4:41	
3	Wed	12:18	3.6	12:39	4.0	7:00	-0.5	7:35	-0.8	7:19	4:42	
4	Thu	1:12	3.6	1:31	3.7	7:59	-0.3	8:30	-0.6	7:19	4:42	
5	Fri	2:06	3.5	2:24	3.4	9:01	-0.2	9:26	-0.5	7:19	4:43	
6	Sat	3:01	3.5	3:18	3.2	10:02	-0.1	10:21	-0.5	7:19	4:44	
7	Sun	3:55	3.4	4:12	3.0	11:00	-0.1	11:14	-0.4	7:19	4:45	
8	Mon	4:49	3.4	5:06	2.8	11:56	-0.1			7:19	4:46	
9	Tue	5:41	3.4	5:59	2.8	12:06	-0.3	12:49	-0.1	7:18	4:47	
10	Wed	6:33	3.5	6:51	2.8	12:56	-0.3	1:40	-0.2	7:18	4:48	
11	Thu	7:21	3.6	7:40	2.8	1:45	-0.3	2:27	-0.3	7:18	4:49	
12	Fri	8:06	3.6	8:26	2.9	2:31	-0.3	3:12	-0.4	7:18	4:50	
13	Sat	8:50	3.7	9:11	3.0	3:16	-0.3	3:56	-0.4	7:18	4:51	
14	Sun	9:33	3.7	9:57	3.0	4:00	-0.3	4:39	-0.4	7:17	4:52	
15	Mon	10:17	3.7	10:43	3.1	4:43	-0.2	5:21	-0.4	7:17	4:53	
16	Tue	11:02	3.6	11:29	3.1	5:26	-0.2	6:01	-0.4	7:16	4:55	
17	Wed	11:47	3.5			6:08	-0.1	6:42	-0.3	7:16	4:56	
18	Thu	12:15	3.1	12:32	3.4	6:52	0.1	7:22	-0.2	7:15	4:57	
19	Fri	1:01	3.1	1:18	3.2	7:40	0.2	8:06	-0.1	7:15	4:58	
20	Sat	1:49	3.2	2:06	3.1	8:34	0.2	8:53	-0.1	7:14	4:59	
21	Sun	2:39	3.2	2:57	3.0	9:32	0.2	9:43	-0.1	7:14	5:00	
22	Mon	3:31	3.3	3:50	2.9	10:29	0.2	10:34	-0.1	7:13	5:01	
23	Tue	4:24	3.4	4:44	2.9	11:25	0.0	11:27	-0.2	7:13	5:03	
24	Wed	5:19	3.6	5:41	2.9			12:21	-0.1	7:12	5:04	
25	Thu	6:14	3.8	6:38	3.1	12:22	-0.4	1:15	-0.4	7:11	5:05	
26	Fri	7:09	4.0	7:33	3.2	1:17	-0.5	2:08	-0.6	7:10	5:06	
27	Sat	8:01	4.2	8:26	3.4	2:12	-0.7	2:59	-0.8	7:10	5:07	
28	Sun	8:52	4.3	9:18	3.6	3:06	-0.8	3:49	-1.0	7:09	5:09	
29	Mon	9:43	4.3	10:10	3.7	3:59	-0.9	4:39	-1.1	7:08	5:10	
30	Tue	10:34	4.2	11:03	3.7	4:53	-0.9	5:28	-1.1	7:07	5:11	
31	Wed	11:25	4.0	11:55	3.7	5:46	-0.8	6:17	-1.0	7:06	5:12	