

Red Bank, Navesink River, NJ - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:30	3.8	3:03	3.6	9:31	0.4	9:55	0.9	5:29	8:30	
2	Mon	3:19	3.7	3:52	3.6	10:20	0.5	10:50	0.9	5:30	8:30	
3	Tue	4:09	3.5	4:43	3.7	11:08	0.5	11:44	0.8	5:30	8:29	
4	Wed	5:00	3.4	5:34	3.9	11:54	0.5			5:31	8:29	
5	Thu	5:52	3.4	6:26	4.0	12:36	0.7	12:41	0.4	5:31	8:29	
6	Fri	6:46	3.4	7:18	4.2	1:28	0.6	1:30	0.3	5:32	8:29	
7	Sat	7:40	3.5	8:10	4.5	2:20	0.4	2:19	0.2	5:33	8:29	
8	Sun	8:32	3.7	9:00	4.7	3:10	0.2	3:09	0.1	5:33	8:28	
9	Mon	9:23	3.8	9:50	4.8	3:59	0.0	3:59	0.0	5:34	8:28	
10	Tue	10:14	3.9	10:40	4.9	4:48	-0.2	4:50	-0.1	5:35	8:28	
11	Wed	11:06	4.0	11:30	4.8	5:37	-0.3	5:43	-0.1	5:35	8:27	
12	Thu	11:59	4.1			6:26	-0.3	6:37	-0.1	5:36	8:27	
13	Fri	12:22	4.7	12:52	4.2	7:16	-0.4	7:32	0.0	5:37	8:26	
14	Sat	1:13	4.5	1:45	4.2	8:07	-0.3	8:30	0.1	5:37	8:26	
15	Sun	2:05	4.3	2:39	4.2	9:00	-0.2	9:31	0.3	5:38	8:25	
16	Mon	2:58	4.1	3:34	4.1	9:56	-0.1	10:32	0.3	5:39	8:25	
17	Tue	3:52	3.8	4:28	4.1	10:52	0.0	11:32	0.4	5:40	8:24	
18	Wed	4:46	3.6	5:23	4.1	11:47	0.1			5:41	8:23	
19	Thu	5:41	3.4	6:16	4.0	12:29	0.4	12:40	0.1	5:41	8:23	
20	Fri	6:35	3.4	7:09	4.1	1:24	0.4	1:32	0.2	5:42	8:22	
21	Sat	7:29	3.3	8:00	4.1	2:17	0.3	2:23	0.2	5:43	8:21	
22	Sun	8:20	3.4	8:47	4.2	3:06	0.3	3:11	0.2	5:44	8:20	
23	Mon	9:07	3.5	9:31	4.2	3:52	0.2	3:57	0.2	5:45	8:20	
24	Tue	9:53	3.5	10:15	4.3	4:37	0.2	4:43	0.3	5:46	8:19	
25	Wed	10:38	3.6	10:59	4.2	5:21	0.1	5:27	0.3	5:46	8:18	
26	Thu	11:24	3.7	11:44	4.2	6:03	0.1	6:11	0.4	5:47	8:17	
27	Fri			12:10	3.7	6:44	0.2	6:54	0.5	5:48	8:16	
28	Sat	12:29	4.1	12:56	3.7	7:25	0.3	7:38	0.6	5:49	8:15	
29	Sun	1:14	4.0	1:42	3.7	8:06	0.4	8:24	0.7	5:50	8:14	
30	Mon	1:59	3.8	2:30	3.8	8:49	0.5	9:16	0.8	5:51	8:13	
31	Tue	2:46	3.7	3:18	3.8	9:35	0.5	10:12	0.9	5:52	8:12	