

Red Bank, Navesink River, NJ - Jul 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:24	3.8	6:51	-0.1	6:54	0.2	5:30	8:30	
2	Wed	12:45	4.5	1:15	3.9	7:38	-0.1	7:47	0.3	5:30	8:30	
3	Thu	1:35	4.4	2:07	4.0	8:27	0.0	8:45	0.4	5:31	8:29	
4	Fri	2:26	4.2	3:01	4.0	9:20	0.0	9:48	0.4	5:31	8:29	
5	Sat	3:20	4.0	3:56	4.1	10:16	0.0	10:51	0.4	5:32	8:29	
6	Sun	4:14	3.9	4:51	4.2	11:11	0.0	11:51	0.4	5:32	8:29	
7	Mon	5:10	3.7	5:47	4.2			12:05	0.0	5:33	8:28	
8	Tue	6:06	3.6	6:42	4.3	12:49	0.3	12:59	0.0	5:34	8:28	
9	Wed	7:03	3.6	7:37	4.4	1:46	0.2	1:53	0.0	5:34	8:28	
10	Thu	7:58	3.6	8:29	4.5	2:40	0.1	2:46	0.0	5:35	8:27	
11	Fri	8:50	3.6	9:17	4.5	3:32	0.0	3:36	0.0	5:36	8:27	
12	Sat	9:39	3.6	10:04	4.5	4:21	0.0	4:26	0.0	5:36	8:26	
13	Sun	10:27	3.7	10:50	4.4	5:08	-0.1	5:14	0.1	5:37	8:26	
14	Mon	11:15	3.7	11:36	4.3	5:55	0.0	6:02	0.2	5:38	8:25	
15	Tue			12:03	3.7	6:39	0.0	6:48	0.3	5:39	8:25	
16	Wed	12:22	4.2	12:50	3.7	7:23	0.1	7:35	0.5	5:40	8:24	
17	Thu	1:08	4.0	1:37	3.7	8:08	0.2	8:24	0.6	5:40	8:23	
18	Fri	1:54	3.9	2:25	3.6	8:54	0.3	9:17	0.7	5:41	8:23	
19	Sat	2:41	3.7	3:14	3.7	9:43	0.4	10:13	0.8	5:42	8:22	
20	Sun	3:30	3.5	4:04	3.7	10:32	0.5	11:08	0.8	5:43	8:21	
21	Mon	4:20	3.4	4:54	3.7	11:21	0.6			5:44	8:21	
22	Tue	5:12	3.3	5:45	3.8	12:01	0.8	12:08	0.6	5:45	8:20	
23	Wed	6:04	3.3	6:37	4.0	12:53	0.7	12:57	0.5	5:45	8:19	
24	Thu	6:57	3.3	7:29	4.1	1:44	0.6	1:45	0.4	5:46	8:18	
25	Fri	7:50	3.4	8:19	4.3	2:34	0.5	2:33	0.3	5:47	8:17	
26	Sat	8:41	3.6	9:08	4.5	3:21	0.3	3:21	0.2	5:48	8:16	
27	Sun	9:31	3.7	9:55	4.6	4:08	0.1	4:08	0.1	5:49	8:15	
28	Mon	10:20	3.9	10:44	4.7	4:54	0.0	4:57	0.0	5:50	8:15	
29	Tue	11:10	4.0	11:33	4.7	5:40	-0.1	5:47	0.0	5:51	8:14	
30	Wed			12:01	4.2	6:26	-0.2	6:38	0.0	5:52	8:13	
31	Thu	12:23	4.6	12:53	4.2	7:13	-0.2	7:31	0.1	5:53	8:11	